THE MARYLAND MODEL

Global Hospital Budgets

- 1 Sets fixed annual revenue budgets with continuous monitoring by both state and federal regulators
- All-Payer Hospital Rates

 Ensures equitable access as government and commercial payers pay same regulated rates
- Population Health Goals

 Gives hospitals choices on how to invest fixed dollars to address unique communities' needs
- Quality of Care Incentives

 Creates incentives for hospitals to meet quality goals with a focus on avoiding potentially avoidable utilization
- Supports uninsured and underinsured Marylanders regardless of ability to pay, totaling about \$2 million a day

EXCEPTIONAL PERFORMANCE TO DATE







\$1.42 Billion cumulative hospital savings



52% reduction potentially preventable complications



9% reduction

over five years



Beat all performance targets under 2014 – 2018 contract between Maryland and U.S. Centers for Medicare & Medicaid Services

WHAT HOSPITALS ARE DOING

Federal evaluators noted Maryland hospitals were more likely to use these health-enhancing strategies than hospitals across the U.S.



Investing in care coordinators and community health workers to transition patients

- Collaborate with post-acute providers to seamlessly implement care plans
- Operate "hotspot" clinics to address behavioral health high utilizers
- Facilitate transportation to follow-up medical appointments



Implementing patient education programs

- Help seniors achieve better balance and strength through wellness programs
- Offer chronic disease management education classes in community
- Reconcile medication in-home and educate patients with complex conditions



Using telehealth/technology to support healthcare in communities

- Empower Marylanders with chronic conditions through in-home visits and monitoring
- Use state-of-the art health information exchange to support vulnerable patients
- Monitor prescription drug use to ensure patient safety



Expanding beyond healthcare to address social determinants of health needs

- Support chronic condition self-management with healthy food programs
- Provide jobs and training for residents facing socio-economic challenges
- Own and operate apartments to support Maryland's most vulnerable

