Did You Know...

That Hospitals Can Discharge Patients Directly to Medical Adult Day Care Centers?

Medical Adult Day Services allow individuals to receive medical care in a community-based setting which helps reduce readmissions into the hospital setting.

Medical Adult Day Services provide an array of services that benefit patients who need assistance managing chronic conditions including diabetes, heart disease, COPD, brain disorders and mental illness.

Medical Adult Day Services assist patients recovering from acute medical conditions including strokes and cardiac disorders.

Medical Adult Day Services accepts Maryland Medical Assistance (Medicaid). Contact the individual center for other available funding sources.

Medical Adult Day Services include:

- Nursing care
- Medication administration and monitoring
- Personal care (ADLs)
- Alzheimer’s/Dementia care
- Caregiver support and education
- Personalized care plans
- Social Services
- O/T, P/T and Speech Therapy
- Transportation to and from the Center and to other medical services
- Nutritious meals; and
- Social, recreational and physical activities

When Completing IEXCHANGE (Delmarva) and DHMH Form 3871B for Maryland Medical Assistance

The following must be selected:

Under “Starting Point”
- “DFMC – MD Medicaid”

Under “Other”
- “New Other Request”

Under General Information
- Treatment Setting: “LTC – Medical Adult Day Care Waiver”
- Procedure: “99.9”
- Units: “120”

All required information on DHMH Form 3871B up to number 60 (Doctor’s Signature), must be completed. The rest of the form can be left blank.

For more information and a list of associated Day Care Centers, please visit www.maads.org