Virtual Crisis Walk-In Clinic
Urgent Online Therapy and Telemedicine at Sheppard Pratt

If you are in need of urgent psychiatric care, turn to Sheppard Pratt for our virtual crisis walk-in clinic.

We are now offering psychiatric triage and referrals to our other virtual and in-person care options through a secure, online platform. The Virtual Crisis Walk-In Clinic is available to any individual living in Maryland.

How the Sheppard Pratt Virtual Crisis Walk-In Clinic works:

1. Contact us at 410-938-5302 or through our website.
2. We will return your message and schedule your virtual appointment.
3. During your virtual appointment, a Sheppard Pratt clinician will work with you to determine how we can help you.
4. Depending on your needs and where you’re located, we will do one of the following:
   • Schedule a follow-up virtual or in-person appointment for therapy and/or medication management
   • Recommend you come in for Inpatient admission via your own transportation

Depending on your location and clinical need, transportation may be available. Please be sure to discuss this option with the appointment coordinator.

Virtual Services Include:

• Virtual psychiatric assessment
• Online therapy with licensed clinicians
• Telepsychiatry and virtual medication management with a psychiatrist or psychiatric nurse practitioner
• Coming soon: virtual day hospital and virtual intensive outpatient program

Hours:

• Monday - Friday, 10 a.m. - 9 p.m.
• Saturday, 1 - 4 p.m.