

# Virtual Crisis Walk-In Clinic

Urgent Online Therapy and Telemedicine at Sheppard Pratt

**If you are in need of urgent psychiatric care,  
turn to Sheppard Pratt for our virtual crisis walk-in clinic.**

We are now offering psychiatric triage and referrals to our other virtual and in-person care options through a secure, online platform. The Virtual Crisis Walk-In Clinic is available to any individual living in Maryland.

## How the Sheppard Pratt Virtual Crisis Walk-In Clinic works:

1. Contact us at 410-938-5302 or through our website.
2. We will return your message and schedule your virtual appointment.
3. During your virtual appointment, a Sheppard Pratt clinician will work with you to determine how we can help you.
4. Depending on your needs and where you're located, we will do one of the following:
  - Schedule a follow-up virtual or in-person appointment for therapy and/or medication management
  - Recommend you come in for Inpatient admission via your own transportation

*Depending on your location and clinical need, transportation may be available. Please be sure to discuss this option with the appointment coordinator.*

## Virtual Services Include:

- Virtual psychiatric assessment
- Online therapy with licensed clinicians
- Telepsychiatry and virtual medication management with a psychiatrist or psychiatric nurse practitioner
- Coming soon: virtual day hospital and virtual intensive outpatient program

## Hours:

- Monday - Friday, 10 a.m. - 9 p.m.
- Saturday, 1 - 4 p.m.



Sheppard Pratt

sheppardpratt.org | 410-938-5302