



# Way Station / Frederick Memorial Hospital

**Pilot Program**  
For Adults with  
Serious Mental Illness



# Need

- Health Disparities
- High Readmissions /  
High Cost Users



# Goals

- Improve Health Outcomes
- Reduce Re-admissions
- Reduce Medical Costs (by 16% off-trend)



# Evaluation

- Dartmouth Medical School
- Pre-test/Post-test, With Comparison Group
- Preliminary Outcome Data



# Components of Way Station / FMH Partnership

- Daily, early-initiated coordination for mutual patients
- Executive involvement PRN



# Components of Way Station / FMH Partnership

- Weekly participation of WSI staff at FMH treatment team meetings
- Monthly Care Plan Meetings for high users



# Components of Way Station / FMH Partnership

- Monthly Senior Executive Meetings
- Health Information Technology
  - Piloting CRISP Innovations



# Components of Way Station / FMH Partnership

- Health Information Technology
  - Data analytics care management tool
  - CCD exchange for EHRs





# Recognition of Initial Project Funders

- Listed in alphabetical order:
  - Morton K. & Jane Blaustein Foundation, Inc.
  - CareFirst BlueCross BlueShield
  - Community Foundation of Frederick County
  - Horizon Foundation of Howard County, Inc.
  - Maryland Community Health Resources Commission
  - Leonard & Helen R. Stulman Charitable Foundation