

THE CALVERT COUNTY LOCAL BEHAVIORAL HEALTH AUTHORITY

(LBHA) is responsible for managing the Public Behavioral Health System(PBHS) in Calvert County. The agency was created in July 2019 by integrating the Core Services Agency (CSA) and Local Addictions Authority (LAA).

OUR MISSION

To ensure all Calvert County Residents have access to quality Behavioral Health Services.

OUR VISION

To cultivate a comprehensive system of behavioral health care in Calvert County, which provides individualized services to promote wellness, empowerment and recovery across the lifespan of our residents.



CHILD & ADOLESCENT SUPPORTIVE BEHAVIORAL HEALTH SERVICES

PRESENTED BY
THE CALVERT COUNTY
LOCAL BEHAVIORAL HEALTH AUTHORITY



Office: (443) 295-8584
Fax: (443) 968-8979
P.O Box 980
Prince Frederick, MD 20678
calverthealth.org

DESCRIPTION OF SERVICES AND SERVICE PROVIDERS

(LISTED IN ORDER OF INCREASING INTENSITY)

The **Local Care Team (LCT)** is a single point of entry to access resources for children and youth with intensive needs. The LCT will help to develop an action plan and provide ongoing support to the child and their family.

- **Calvert County Local Care Team**
+ www.co.cal.md.us
+ (410) 535-1600 ext. 8807

Early Intervention Supports and Services help babies, toddlers, and young children with possible delays or disabilities learn different skills and provide classes and other resources to parents/caregivers

- **Calvert County Infants and Toddlers Program**
(0 to 34 months old)
+ <https://referral.mditp.org/>
+ (443) 550-8405
- **Child Find Identification** (3 to 5 years old)
+ <https://www.calvertnet.k12.md.us/departments/special-education/child-find>
+ (443) 550-8381
- **Partners for Success** (0 to 21 years old)
Age depends on the program
+ (443) 550-8375
+ parentconnections@calvertnet.k12.md.us

Crisis Interventions and Supports are generally short-term management techniques used to reduce permanent damage to someone affected by a crisis. It can also be used to develop treatment plans. This resource can help restore one's mental state and prevent psychological trauma following a crisis.

- **Calvert Crisis Response/Mobile Crisis Team**
+ <https://www.ccbhcrisisresponse.org/about>
+ 1-877-467-5628
- **Maryland Helpline**
+ 211, press 1
- **Crisis Text Line**
+ Text HOME to 741741
- **National Suicide Prevention Lifeline**
+ (800) 273-TALK (8255)
+ 988
+ crisischat.org
- **Teen Hotline**
+ <https://www.teenline.org/>
+ (800) 852-8336
+ Text TEEN to 839863

The **Inpatient Mental Health Care** unit operates 24 hours a day and services are provided to adolescents 13 years and older who require safety monitoring, medication management, psychoeducation and/or other care. Services include individual therapy, group therapy, family or couples therapy, education on illness, treatment, coping skills and relapse prevention, while cooperating with the public school system. **REFERRAL REQUIRED**

- **CalvertHealth Medical Center** (13 years and older)
+ <https://www.calverthealthmedicine.org/Behavioral-Health>
+ (410) 535-8144

Residential Treatment Programs are live-in facilities where individuals who are unable to be safe at home or in the community and need long-term care receive intensive mental health services, such as individual and group therapy, psychiatric assessments and treatment, medication management, social skills training and more. **REFERRAL REQUIRED**

- **Sheppard Pratt School and Residential Treatment Center** (12 to 18 years old)
+ (410) 938-5152
- **Chesapeake Treatment Center** (14 to 20 years old) **Males Only**
+ (410) 663-8500 ext. 246
- **John L. Gildner RICA** (12 to 18 years old)
+ (301) 251-6857
- **RICA-Baltimore** (12 to 18 years old)
+ (410) 368-7887
- **St.Vincent's Villa** (5 to 13 years old)
+ (667) 600-3036
- **Nexus-Woodbourne Family Healing Center** (12 to 18 years old) **Males Only**
+ (410) 433-1000 ext. 70116

Parent/Caregiver/Family Education, Peer Support, and Navigation provide connection, information, education, support and proof of resilience and recovery from people who living experience. Services may include referrals, training, and education, system navigation, family support, and social activities to promote togetherness, raise awareness, and educate.

- **The Promise Resource Center**
+ <http://thepromisecenter.org>
+ (301) 290-0040
- **NAMI Southern Maryland**
+ <https://nami.org/Home>
+ (301) 392-7109
- **Child and Adolescent Support Funds**
+ (443) 295-8584
- **Maryland Coalition of Families**
+ <https://www.mdcoalition.org/>
+ (410) 730-8267
- **Parent's Place of Maryland**
+ <https://www.ppmmd.org/>
+ (410) 768-9100

Preventative and Recovery-Oriented services promote positive use of free time, involvement in the community and prosocial activities, and educate youth while having constructive engagement with peers, adults, and the community

- **The Adolescent Clubhouse** (12 to 17 years old) **REFERRAL REQUIRED**
+ <http://eastjohnnyouth.org/>
+ (410) 326-1150
- **Boys and Girls Clubs of Southern Maryland** (5 to 18 years old) **Membership Fee**
+ <http://www.bgcsmd.net/>
+ (410) 257-0007
- **Calvert County Parks and Recreation**
+ <http://www.calvertcountymd.gov/parksandrecreation>
+ (410) 535-1600

Youth Psychiatric Rehabilitation Programs (PRP) are geared toward (re)gaining age appropriate skills, achieving school success, increasing family functioning, and working on resiliency. **REFERRAL REQUIRED**

- **Cornerstone Southern Maryland** (5 to 17 years old)
+ (410) 535-4787
- **Center for Children** (4 to 18 years old)
+ <https://www.center-for-children.org/>
+ (410) 535-3047
- **Project Chesapeake** (5 to 17 years old)
+ <https://www.projectchesapeake.com/>
+ (443) 968-8331
- **Pathways** (18 to 25 years old)
+ <https://www.pathwaysinc.org>
+ (301) 373-3065

In-Home Intervention Programs for Children (IHIP-C) provides intensive in-home services to increase age appropriate skills and resiliency, reduce the risk of an out-of-home placement, increase knowledge about mental illness and the role of medications, develop coping skills, and increase social support. **REFERRAL REQUIRED**

- **Cornerstone Southern Maryland**
+ (410) 535-4787

Care Coordination/Targeted Case Management (CCO/TCM) provides case management services to ensure resources are being utilized to enhance the ability to function independently in the community, establish peer networks and support systems, and assist with gaining access to medical, mental health, social, educational and other services needed. **REFERRAL REQUIRED**

- **Center for Children** (4 to 18 years old)
+ <https://www.center-for-children.org/>
+ (410) 535-3047

The **Partial Hospitalization Program (PHP)** is a day program for individuals 13 years and older that creates individualized treatment plans and provides group therapy, family therapy, educational services, medication management, behavioral management, psycho-education groups, psychiatry appointments, and more. **REFERRAL REQUIRED**

- **CalvertHealth Medical Center** (13 years and older)
+ <https://www.calverthealthmedicine.org/Behavioral-Health>
+ (410) 535-8144