

Tri-County Behavioral Health Resource Guide

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Introduction to the Guide

Somerset Local Behavioral Health Authority (SLBHA), Wicomico Local Behavioral Health Authority (WiLBHA), Worcester Local Behavioral Health Authority (WoLBHA), and Worcester County's Initiative to Preserve Families/Worcester County Local Management Board (WoLMB) are pleased to present the 2023 edition of the TRI-COUNTY BEHAVIORAL HEALTH RESOURCE GUIDE for Somerset, Wicomico, and Worcester Counties in Maryland. This guide, while not inclusive of every service or behavioral health provider in the tri-county area, represents our effort to help the citizens of the region become more aware of the services that are available to them. SLBHA, WiLBHA, WoLBHA and WoLMB in no way endorse any one provider or service over another. We hope this guide is useful in your navigation of the Public Behavioral Health System in Somerset, Wicomico, and Worcester Counties. This information is also available online at www.somersethealth.org, www.wicomicohealth.org, www.worcesterhealth.org.

Somerset Local Behavioral Health Authority

8928 Sign Post Rd., Westover, MD 21871 443-523-1700 www.somersethealth.org

Wicomico Behavioral Health Authority

108 East Main St., Salisbury, MD 21801 410-543-6981 www.wicomicohealth.org

Worcester Behavioral Health Authority

6040 Public Landing Rd., Snow Hill, MD 21863 410-632-3366 www.worcesterhealth.org

Worcester County's Initiative to Preserve Families

6040 Public Landing Rd., Snow Hill, MD 21863 410-632-3648

Maryland's Public Behavioral Health System (PBHS) Overview

The PBHS is jointly coordinated and administered by the Behavioral Health Administration (BHA), Local Behavioral Health Authority (LBHAs), and Optum (the contracted Administrative Service Organization). BHA has oversight authority of the PBHS, which includes policy development, state-wide planning, resource allocation, and continuous quality improvement responsibilities.

Optum, the administrative service organization for the PBHS, determines eligibility for services, approves authorizations for services, conducts utilization review of services, collects data, submits reports, processes billing claims, and remits payments to providers.

LBHAs are the local behavioral health authorities responsible for planning, managing, and monitoring public mental health services at the local level as stipulated by the Health General Article 10-10-1203, Annotated Code of Maryland.

Behavioral Health Glossary

Behavioral Health Professionals:

Advanced Practice Psychiatric Nurses/Psychiatric Mental Health (APRN/PMH) – A registered nurse certified by the Maryland State Board of Nursing who is able to independently engage in the following activities:

- An APRN is able to diagnose individuals with mental health illnesses.
- "Nurse Psychotherapist" A registered nurse who practices psychotherapy in a structured relationship with the client.
- "Psychiatric Nurse Practitioner" An experienced registered nurse who possesses advanced training and education in the area of diagnosing and treating illness. Nurse practitioners are able to prescribe medication. Psychiatric nurse practitioners specialize in providing psychiatric care to individuals.

Certified Addictions Counselor – Alcohol and Drugs (CAC-AD) – Certified addictions counselors hold the second level of certification required for substance abuse counseling. They must have a Bachelor's degree in a counseling field, among other requirements.

Certified Peer Recovery Specialist (CPRS) – An individual that is in recovery from a substance use or co-occurring substance use and mental health disorder who provides support to others so that they can benefit from his or her experiences. To become certified, the peer recovery specialist must pass a standard exam.

Certified Registered Nurse Practitioner (CRNP) – A certified registered nurse practitioner is a licensed, advanced practice registered nurse (APRN) who has completed a prescribed educational program that includes advanced knowledge, skills, and abilities in assessment, diagnosis, treatment, and management.

Certified Supervised Counselor – Alcohol and Drugs (CSC-AD) – Certified supervised counselors hold the first level of certification required for substance abuse counseling. They must have an Associate's degree in a counseling field among other requirements.

Clinical Social Worker (LCSW, LCSW-C) – Clinical Social Workers hold a Master's degree in social work (MSW), and specialize in clinical practice. They must be licensed by the State of Maryland.

Licensed Clinical Alcohol and Drug Counselor (LCADC) – This is the next level certification after Licensed Graduate Alcohol and Drug Counselor

Licensed Clinical Professional Counselor (LCPC) – A Licensed Clinical Professional Counselor possesses a Master's degree in professional counseling. LCPCs must be certified by the State Board of Examiners.

Licensed Graduate Alcohol and Drug Counselor (LGADC) – A Licensed Graduate Alcohol and Drug Counselor certification is granted after the awarding of a Master's degree and passing the test for a license. During this time, the counselor is under supervision.

Licensed Professional Counselor (LPC) – A licensed professional counselor holds a Master's degree and is trained to work with individuals, families, and groups in treating mental, behavioral, and emotional problems and disorders.

Psychiatrist (MD) – A medical doctor possesses specialized training in the field of psychiatry. Psychiatrists must be licensed physicians in the state in which they practice and must also be certified by the American Board of Psychiatry.

Psychologist (PhD) – A psychologist possesses a doctoral degree in psychology and must be licensed by the Maryland State Board of Examiners of Psychologists. A psychologist can be a clinical or a counseling psychologist.

Behavioral Health Terms:

1915i – A state plan amendment that provides Intensive Behavioral Health Services for children, youth, and families.

Care Coordination Organization (CCO) – A provider offering a multi-level continuum of care to children and youth up to age 22 to support a transition back to the home environment, remain in their home or current living arrangement, move to lower intensity of services or restrictiveness of placement, or otherwise maintain and improve functioning and well-being.

Case Management – A process which plans, coordinates, and implements services required to meet an individual's needs.

Crisis Intervention Team (CIT) –A community effort joining law enforcement and the community for the common goals of safety, understanding, and service to the behavioral health population and their families.

Dialectical Behavioral Therapy (DBT) – A comprehensive cognitive-behavioral treatment for complex, difficult-to-treat mental disorders. It involves using two main components: individual weekly psychotherapy and weekly group therapy sessions.

Dual Diagnosis Treatment/Co-occurring Treatment – Treatment for an individual with substance abuse issues as well as a mental health diagnosis.

Evidence-Based Practice (EBP) – Making decisions about how to promote health or provide care by integrating the best available evidence with practitioner expertise and other resources, and with the characteristics, state, needs, values and preferences of those who will be affected.

Family Psycho Education – An EBP that provides education to individuals living with mental illness and their families with a goal of assisting the individual and their family to better understand and deal with his/her present illness, avoid relapse, and contribute to their own health and wellness on a long-term basis.

Intensive In-Home Intervention Program for Children (IHIP-C) – The state of Maryland's In-Home Intervention Program for Children aims to prevent out-of-home placement by providing families with access to full-time professional mental health resources.

Intensive Outpatient Program (IOP) – The highest level of outpatient treatment before inpatient care.

LGBTQ – Abbreviation for lesbian, gay, bisexual, transgender, and queer or questioning. It is an umbrella term that is used to refer to the community as a whole.

Medication Evaluation – A medication evaluation involves a psychiatrist or nurse practitioner monitoring and evaluating a client's medications to ensure the client is on the proper medications. Medication evaluations can be done at various intervals.

Mental Health Case Management Services/Targeted Case Management (TCM) – Services to assist individuals in gaining access to a full range of mental health services as well as to any additional needed medical, social, financial assistance, counseling, educational, housing, and other support services.

Mobile Treatment/Assertive Community Treatment (ACT) – Mobile Treatment is an intensive, community-based service which provides assertive outreach, treatment, rehabilitation, and support to individuals with severe and persistent mental illness (SPMI) who may be without a home or for whom more traditional forms of outpatient treatment have been ineffective.

Outpatient – Treatment that is given in the community and not in a hospital setting.

Paraprofessionals – Paraprofessionals work under a trained professional in clinical settings, i.e. Licensed Social Work Associates (Bachelor level social workers).

Partial Hospitalization Program (PHP) – A program for children, adolescents, and adults that offers a bridge between inpatient acute hospitalization and outpatient services. Its serves as an alternative to hospitalization and as a transition from inpatient care. The program is structured in a therapeutic setting and provides 24/7 supervision and care.

Peer Support – Individuals or family members of those living with behavioral health disorders coming together to provide self direction that works to enhance the behavioral health of other local consumers. Peer support members meet as equals to give each other support on a reciprocal basis.

Psychiatric Evaluation – A psychiatric evaluation performed by a psychiatrist or nurse practitioner that includes the history of the present illness, current symptoms the individual is experiencing, past history of illness, family history, a review of medications, mental status examinations and a physical examination.

Psychiatric Rehabilitation Program (PRP) – A program that provides support and rehabilitation to individuals who suffer from mental illness. PRP focuses on daily living skills through the use of the community environment.

Psychological Testing – Tests which are given to individuals to assess and evaluate information. Psychological tests are administered and interpreted by a psychologist.

Residential Rehabilitation Program (RRP) – RRP housing is for individuals with a chronic mental health diagnosis, who are unable to live independently in the community.

Respite – Respite services are provided to relieve the caregiver from the stress of care giving.

Sliding Scale – Fees are set according to the client's ability to pay (i.e., if the client has no income, the fee would be \$0).

Social Service Organization – A community organization that assists individuals with needs such as locating housing, financial assistance, and resources.

Supported Employment Program/Mental Health Vocational Program (SEP/MHVP) – SEP services provide job development and placement, job coaching, and ongoing employment support to individuals with serious mental illness or emotional disturbance for whom competitive employment has not occurred, has been interrupted, or has been intermittent.

Telemedicine – Medical information transferred through interactive audiovisual media for the purpose of consultation or the delivery of clinical care.

Therapeutic Behavioral Services (TBS) – A service provided in the home for children and adolescents under 21 years of age. The goal is to help children and families safely manage behavior at home and in the community to prevent a higher level of care.

Uninsured – If you do not currently have health insurance, you are uninsured. Individuals may only receive PMHS uninsured benefits if the provider has documented that the consumer is not eligible for MA, SSI, SSDI, or any other public benefit program and includes, in the individuals medical record, documentation from MA or Social Security stating the reason for ineligibility.

Crisis Information and 24-Hour Hotline

Affiliated Santé Group - Eastern Shore Crisis Response Services (ESCRS)

ESCRS provides behavioral health emergent, urgent, information and referral crisis response programs. Mobile Response in 8 counties crisis teams located in Caroline, Cecil, Dorchester, Kent, Queen Anne's, Somerset, Talbot and Wicomico Counties. The hotline which is 24/7, 365 days a year, is available in all 9 counties to respond to mental health and substance use crises as defined by the caller

All services provided are free of charge.

Phone: 1-888-407-8018

Website: www.santeeasternshore.org

Americans with Disabilities Act

U.S. Access Board 24 Hour Hotline: 1-800-872-2253 Americans with Disabilities Act Information Line: 800-514-0301 (Voice), 800-514-0383 (TTY)

Community Outreach Addictions Team (C.O.A.T.)

Peer support specialist partnered with local law enforcement assists people into treatment by offering phone and in-person support, connections to local resources, and follow up assistance.

Phone: 443-783-6875 (Wicomico County)

Life Crisis Center

Provides a 24-hour crisis hotline. Services: Counseling for victims of domestic violence or sexual assault, suicide prevention, support groups, emergency safe home, shelter and medical care referral, and assistance.

24 Hour Hotline: 410-749-4357 Phone: 410-749-0632 / 410-749-0771 Website: www.lifecrisiscenter.org

Maryland Center of Excellence on Problem Gambling

1-800-GAMBLER (426-2537)

Website: http://www.mdproblemgambling.com/helpline/

Maryland State AIDS Hotline

Phone: 1-800-232-4636 TTY: 1-800-232-6348

Maryland Youth Crisis Hotline Mobile Treatment/ACT – Lower Shore Clinic

Team treatment approach designed to assist the individual to achieve recovery, fully participate in community life, obtain stable permanent housing, and reduce the individual's unnecessary admissions to emergency rooms and inpatient psychiatric services. The program currently serves Wicomico, Worcester, Somerset, Dorchester, Talbot, and Caroline counties.

Phone: 410-341-3420

Poison Control Center

Phone: 1-800-222-1222

Website: www.mdpoison.com

Sexual Assault Resource Agency

Phone: 410-836-8430

Trevor Lifeline (LGBTQ community)

Phone: 1-866-488-7386

Website: www.thetrevorproject.org

Crisis Information and 24-Hour Hotline (Continued)

Safe Station

The Safe Station is a place where individuals who are ready to seek treatment and recovery services from their addiction can go 24 hours a day, 7 days a week and 365 days per year. Individuals will be met by a caring and compassionate peer in recovery who will help link them to the treatment and recovery services of their choice.

Wicomico County Safe Stations

Phone: 443-783-6875 726 S Salisbury Blvd, Salisbury, MD 21804 (inside of the Recovery Resource Center)

Worcester County Safe Stations and Peer Warm Line

Phone: 1-844-ONE-PEER (663-7337)

Peer support specialists who offer phone support for individuals who are ready to take steps toward recovery

The Worcester County Health Department's Crisis Response Team (CRT)

Provides 24-hour coverage 365 days a year to residents and visitors of Worcester County. CRT is activated by Law Enforcement, Atlantic General Hospital and other agencies throughout the county. CRT provides an emergency mental health and substance use assessment on the scene and attempts to connect individuals to community resources as appropriate. Anyone in need of CRT in Worcester County can call 9-1-1 or local police departments in the county

The Retreat

Provides a safe harbor and sanctuary for adults (18+) experiencing acute psychiatric crises. This is a voluntary alternative to or step down from hospitalization.

Phone: 410-341-3420

Website: www.lowershoreclinic.org

TidalHealth Crisis Center

The TidalHealth Crisis Center serves as behavioral health urgent care center where individuals can receive behavioral health crisis respite, observation and intervention in a warm, friendly, homelike community setting.

Address: 200 E. Vine St.

Salisbury, MD 21801

Phone: 410-543-7181

Urgent Care Clinics

Provides mental health assessment and consultation within 48 business hours to prevent the individual's condition from worsening. If psychiatric care is identified, an evaluation will be scheduled with a psychiatrist within a 30-day period.

Community Behavioral Health, LLC (Wicomico): 844-224-5264

821 Eastern Shore Drive, Salisbury, MD 21804 Call ESCRS after business hours: 1-888-407-8018

Veterans Crisis Line

Chat available on website.

Phone: 1-800-273-8255 (Press 1) Cell phone (For texting): 838255 Website: www.veteranscrisisline.net

211 Maryland

Our mission is to connect Marylanders to the health and human services they need to achieve a more stable life for themselves and their families.

Call 211 Press 1

Text Zip Code to 898211

988 Suicide and Crisis Lifeline

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

Phone: 988

TTY Users: Use your preferred relay service or dial 711

then 988

Website: https://988lifeline.org/

	Acadia Counseling	and Wellness	
Address:	Phone:	Hours of Operation:	Payment Type(s):
9954 N. Main St. Unit 1	410-973-2567	By Appointment	Medicare,Private
Berlin, MD 21811			Insurance, Self-Pay
	Language Services		
	Bilingual Staff		Ages Served:
	(Spanish)		5 – 75
Mental Health / Addiction Services Provide	led:	Specialty Treatments:	
		☑ Co-occurringTreatment/Dual	Diagnosis
✓ Individual Therapy		☑ Play Therapy	
Other Behavioral Health Services:			

Anderson, Eva K., PhD				
Address: 540 Riverside Dr., Suite 3 Salisbury, MD 21801	Phone: 410-548-7883	Hours of Operation: Call to schedule appointme	Payment Type(s): Medicare,Private Insurance, Self-Pay Ages Served: 5+	
Mental Health / Addiction Serv	rices Provided:	(Specialty Treatments:	
☑ Individual Therapy		1	N/A	
Other Behavioral Health Servi	ces: Psychological testing			

	Atlantic G	eneral Hospital		
Address:	Phone:	Hours of Operation:		Payment Type(s):
9714 Healthway Dr.	410-641-3340	Call for appointment		Medicaid, Medicare,
Berlin, MD 21811				Private Insurance, Self
		Language Services:		Pay, Sliding Fee Scale,
Website:		Translation services upon re	equest	Financial assistance
www.atlanticgeneral.org		Ages Served:		available to those who
		Pediatrics to Adult		qualify
Mental Health / Addiction Services P	rovided:	Sp	ecialty Treat	ments:
☑ Ability to Prescribe Medication	✓ Medication Manage	ement		
	✓ Psychiatric Evalua	tions		
☑ Group Therapy				
✓ Individual Therapy				
Other Behavioral Health Services:	Sehavioral Health Crisis St	abilization services.		

	Atlant	ic Psychological Practice,	P.A.	
Address:	Phone:	Hours of Operation:		Payment Type(s):
540 Riverside Dr. Suite 16	410-543-8291	Mon 8:00am – 5:00pm		Medicare, Private Insurance,
Salisbury, Maryland 21801		Tues 9:00am – 7:00pm		Self-Pay, Sliding Fee Scale
		Wed 8:00am – 5:00pm		Ages Served:
Website:	Fax:	Thurs 9:00am – 7:00pm		2 – 90
www.atlanticpsychological.com	410-341-6275	Fri 8:00am – 12:00pm		
Mental Health / Addiction Service	ces Provided:		Specialty Trea	atments:
		ealth Services		Sehavioral Therapy
✓ Individual Therapy				
Other Behavioral Health Service	es:			

		B.N.J Hea	Ith Serv	rices, LLC		
Address: 204 Newton St Salisbury, MD 21801		Phone: 443-978-7919		Hours of Operation: Mon-Fri 5am - 11am Sat 6am - 9:30am		Payment Type(s): Medicaid, Medicare, Self-Pay
		Fax: 443-978-7930				Ages Served: 18+
Mental Health / Addiction	Services Provided:				Specialty	Treatments:
☑ Addiction Inpatient☑ Addiction IOP☑ Addiction Outpatient	☑ Detox ☑ Group Thera ☑ Individual Th		✓ Metha	ation Management Idone Treatment ex Treatment	N/A	
Other Behavioral Health S	ervices:					

	Balanced Life Couns	eling Services, LLC	
Address:	Phone:	Hours of Operation:	Payment Type(s):
560 Riverside Dr.	443-978-8688	Mon 8:00am – 5:00pm	Medicaid, Medicare,
Suite B101		Tues 8:00am - 7:00pm	Private Insurance, Self-
Salisbury, MD 21801	Website:	Wed 8:00am – 7:00pm	Pay
	www.yourbalancedlife.net	Thurs 8:00am – 6:00pm	
		Fri 8:00am – 2:00pm	Ages Served:
			5 - 90
Mental Health / Addiction Service	es Provided:	Specialty Treatments:	•
☑ Family Therapy ☑ Tell	elehealth Services		
☑ Group Therapy		☑ Trauma - EDMR	
✓ Individual Therapy			
. ,			
Other Behavioral Health Services	s:		

	Balance Poir	nt Wellness, LLC	
Address: 212 West Main St. #303 Salisbury, MD 21801	Phone: 410-800-2169	Hours of Operation: Mon – Fri 9:00am – 7:00pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self-
Website: www.bpointwellness.com	Language Services: Interpreter Services Bilingual Staff (Spanish)		Pay, Uninsured Ages Served: 5 - 100
Mental Health / Addiction Service ✓ Ability to PrescribMedication ✓ Individual Therapy ✓ Medication Management ✓ Psychiatric Evaluations		 Specialty Treatments: ✓ Art Therapy ✓ Co-occurring Treatment/ Dual Diagno ✓ Eating Disorders ✓ First Responders 	✓ LGBTQsis✓ Play Therapy✓ Sex Offender✓ Trauma
✓ TelepsychiatryOther Behavioral Health Services		☑ Gambling ☑ Harm Reduction	☑ Veterans

В	lue Wave Cou	inseling	& Psychotherapy	
Address:	Phone:		Hours of Operation:	Payment Type(s):
1519 Market Street.	484-767-5216		9:00am – 5:00pm	Medicaid, Medicare,
Pocomoke City, MD 21851				Private Insurance, Self- Pay, Sliding Fee Scale,
Website:				ray, Siluling ree Scale,
bluewavecounselingpsychotherapy.com				Ages Served:
				15 - 90
Mental Health / Addiction Services Provide	led:	Special	ty Treatments:	
✓ Individual Therapy		☑ Co-o	ccurring Treatment/Dual Diagnosis	✓ Forensic
☑ Telehealth Services		☑ Eatin	g Disorders	
		☑ First	Responders	✓ Trauma
Other Behavioral Health Services:				

		BrightView		
Address 1:	Address 2:	Hours of Operation:		Payment Type(s):
12417 Ocean Gtwy,	402 Marvel Ct,	Mon – Wed 5:30am - 2	•	Medicaid, Private Insurance,
Suite 7	Easton, MD 21601	Thurs – 5:00am – 2:00p	om	Self-Pay
Ocean City, MD 21842	Phone:	Fri 5:30am - 11:00am		
Phone:	410-822-7150	Sat 5:30am - 9:30am		Ages Served:
443-373-2113				18+
		Website:		
		www.brightviewhealth.c	com	
Mental Health / Addiction Ser	vices Provided:		Specialty Treatme	ents:
☑ Addiction Outpatient		tion Management		
☑ Ability to Prescribe Medicati	on ☑ Methad	one Treatment *		
☑ Group Therapy		ne Treatment		
✓ Individual Therapy		alth Services		
Other Behavioral Health Serv	rices: * Methadone Treatme	nt not offered at Ocean C	ity location	

Care at New Transitions			
Address:	Phone:	Language Services:	Payment Type(s):
1118 E. Main St	410-219-5070	Language Line	Uninsured
Salisbury, MD 21804	Option #2		
•	·	Hours of Operation:	Ages Served:
		Mon – Fri 9:00am – 5:00pm	Birth – 18
Website:		Appointments by phone or walk-	18-24 Disconnected or
www.wraparoundmd.com		in	homeless youth
Navigation Services Provided	L	Specialty Treatments:	
		N/A	
	Coordinate services, offer s	upport, refer & connect youth and families	s to resources in the
community, advocacy.			

Address:	Phone:	Hours of Opera	ation:	Payment Type(s):
30632 Hampden Ave. Princess Anne, MD 21853	410-651-9608	Call to schedule appointment		Medicaid, Medicare, Private Insurance, Self
Website: www.ccwilm.org	410-651-1843			Pay, Sliding Fee Scale, Uninsured
Mental Health / Addiction Service	s Provided:		Specialty Treat	tments:
			N/A	
☑ Individual Therapy				

	Chesapeake	Health Care –	Mental Health		
Address 2:	Address 3:	Address 4:	Address 5:	Hours of Operation:	
12145 Elm St.	305 10th Street	9958 Main St.	560 Riverside Dr	7:30am – 6:00pm	
Princess Anne,	Pocomoke City,	Berlin, MD 2181	1 Ste A-204		
MD 21853	MD 21851		Salisbury, MD	Language Services:	
			21801	Interpreter by request	
	Phone:	Phone:			
Phone:	410-957-1852	410-973-2820	Phone:	Website:	
410-651-1000			443-358-6193	chesapeakehc.org	
iction Services F	Provided:		Payment Type(s):		
e Medication		v	Medicaid, Medicare, Private Insurance, Self-Pay, Sliding		
		,	Fee Scale		
<u> </u>	☑ PRP				
			•		
	12145 Elm St. Princess Anne, MD 21853 Phone: 410-651-1000 iction Services In the Medication In the M	Address 2: 12145 Elm St. Princess Anne, MD 21853 Phone: 410-651-1000 Address 3: 305 10 th Street Pocomoke City, MD 21851 Phone: 410-957-1852 iction Services Provided: e Medication ✓ Individual Therapy	Address 2: 12145 Elm St. Princess Anne, MD 21853 Phone: 410-651-1000 Address 3: 305 10 th Street Pocomoke City, MD 21851 Phone: 410-957-1852 Phone: 410-973-2820 Phone: 410-973-2820 Individual Therapy ✓ Medication Management ✓ PRP	12145 Elm St. Princess Anne, MD 21853 Phone: 410-651-1000 12145 Elm St. Pocomoke City, MD 21851 Phone: 410-957-1852 Phone: 410-973-2820 Phone: 410-973-2820 Payment Type(s): Medication Management Payment Type(s): Medicaid, Medicare, Pree Scale	

Chesapeake Music Therapy – Niki Runge, MCAT, MT-BC					
Address:	Phone:	Hours of Operation:		Payment Type(s):	
212 East Main St.,	443-523-4976	Call to schedule appoin	tment	Self-Pay, Sliding Fee	
Suite 211					
Salisbury, MD 21801		Email:			
		Chesapeakemusicthera	py@gmail.com	Ages Served:	
				0+	
Mental Health / Addiction Services Provices	Specialty Treatn	nents:			
			☑ Music Therapy	,	
☑ Group Therapy					
✓ IndividualTherapy					
Other Behavioral Health Services: Developmental disabilities, autism, early intervention.					

Children's Choice					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
1813 Sweetbay Dr., Suite 1A	410-546-6106	Mon - Fri 8:30am - 4:30pm	Medicaid		
Salisbury, MD 21804					
		Intakes by appointment	Ages Served:		
Website:	Fax:		3-17		
www.childrenschoice.org	410-219-2640				
Mental Health / Addiction Ser	rvices Provided:	I	Specialty Treatments:		
✓ Foster Care	☑ PRP ☑ Respite	☑ Telehealth Services	N/A		
Other Behavioral Health Serv	ices: Parent Advocacy Program				

Community Behavioral Health							
Address 1:	Address 2:		Address 3:			Operation:	Payment
000 F t Ob	407 = -4.14	1 4 O4	20540 Deire - M	/:II: Ot		9:00am - 5:00pm	Type(s):
809 Eastern Shore Dr.	107 East Ma Snow Hill, N		30519 Prince W FL 1	/IIIIam St	Online int	akes Available	Medicaid, Medicare, Private
Salisbury, MD 21804	SHOW THII, IV	1D 2 1003	Princess Anne,	MD	Language	e Services:	Insurance, Self-
canobary, MB 21001	Phone:		21853	1110		r Services	Pay, Sliding Fee
Phone:	844 224-52	64 Ext. 16				Staff (Spanish)	Scale
844 224-5264 Ext.			Phone:				
12			844 224-5264 E	Ext.1	Website/	Email:	Ages Served:
					www.com	munitybehavioralhealth.net	All ages
Mental Health / Addic	tion Service	s Provided:				Specialty Treatments:	
☑ Ability to Prescribe	Medication		Health IOP	✓ Subu	tex		☑ Gambling
☑ Addiction IOP		☑ PRP		Treatme	-	☑ Art Therapy	☑ Geriatric
✓ Addiction Outpatier	nt	•	tric Evaluation		syhciatry	☑ Co-occurring	☑ LBGTQ
✓ Family Therapy		☑ Respite		✓ Vivitr		Treatment / Dual	☑ Play Therapy
☐ Group Therapy		✓ Suboxo	ne Treatment	Treatme	nt	Diagnosis	☑ Sex Offender
✓ Individual Therapy✓ Medication Manage						✓ Eating Disorders✓ Forensic	☑ Trauma ☑ Veterans
w wedication wanage	CITICIT					E i diciidic	- veterans
Other Behavioral Hea	alth Services	: Teen Interve	ene Substance Abu	ise Educatio	n, ACES Tr	auma Informed Care	

Compass Health Services Hours of Operation: Address 1: Address 2: Payment Type(s): Mon - Fri 9am - 5pm Medicaid, Medicare, Private 2326 Goddard Parkway, 100 East Patapsco Ave, Suite A Suite E Intakes by appointment only Insurance, Self-Pay, Sliding Fee Salisbury, MD 21801 Brooklyn, MD 21225 Scale Website/Email: Phone: Phone: Compasshealthservices.com Ages Served: 443-978-7803 667-239-3144 Children, Adolescents, Adults Mental Health / Addiction Services Provided: **Specialty Treatments:** ✓ Ability to Prescribe Medication ✓ Medication ☑ Anger Management Groups Management ☑ Co-occurring Treatment/ Dual Diagnosis ☑ Suboxone Treatment ✓ Trauma- Please see below: ✓ Individual Therapy ☑ Psychiatric Evaluations ✓ Mental Health IOP ✓ Telehealth Services **✓** PRP Other Behavioral Health Services: PTSD due to Domestic Violence, Child Maltreatment, War-Related Trauma, Medical Trauma. Traumatic Loss, Natural Disasters

Cove Recovery, LLC					
Address 1:	Address 2:	Hours of Operation	1:	Payment Type(s):	
540 Riverside Dr., Ste 8,	828 Airpax Rd.,	Appointments and w	alk-ins for intake	Medicaid, Medicare,	
Salisbury, MD 21801	Bldg. B Ste 300	Mon - Fri 9:00am - 5	5:00pm	Private Insurance, Self-	
	Cambridge, MD 21613	Please bring ID and	Insurance Card	Pay, Sliding Fee Scale, Uninsured	
		Phone: 410-548-333	33		
Address 3: 30256 Mt. Vernon Road Unit A Princess Anne, MD 21853	Address 4: 10226 Old Ocean City Blvd. Berlin, MD 21811	Website: coverecoveryllc.com		Ages Served: 6+ Mental Health 18+ Substance Abuse	
Mental Health / Addiction	Services Provided:		Specialty Treatment	s:	
☑ Ability to Prescribe Medi	cation	nent	✓ Geriatric		
✓ Addiction IOP	✓ Telepsyhciatry			ment/ Dual Diagnosis	
✓ Addiction Outpatient	✓ Suboxone Treatment	t	✓ Anger Managemer		
	✓ Vivitrol Treatment		☑ LGĔTQ	'	
☑ Group Therapy			☑ Trauma Informed 3	Therapy	
✓ Individual Therapy				-	
Other Behavioral Health S	ervices:				

Delmarva Counseling Center LLC						
Address:	Phone:	Hours of Operation:	Payment Type(s):			
28 East State St.	410-896-3995	Mon - Fri 8:00am - 6:00pm	Medicaid, Private Insurance, Self-Pay			
Delmar, MD 21875						
	Fax:	Language Services:	Ages Served:			
	410-896-2825	Spanish	6+			
Mental Health / Addiction Ser	vices Provided:	Specialty Treatments:				
✓ Addiction IOP	Mental Health IOP	☑ Eating Disorders	Co-occurring Treatment/Dual Diagnosis			
☑ Addiction Outpatient ☑	Psychiatric Evaluations	✓ Gambling ✓	Anger Management Groups			
☑ Family Therapy	1 Telepsychiatry	☑ Therapy for LGBTQ	Harm Reduction			
☑ Group Therapy		✓ Sex Offender ✓	Trauma			
✓ Individual Therapy		\square	Veterans			
011	Mills E il list O	<u> </u>				
Other Behavioral Health Serv	ces: Military Family Life Cour	nseling Services				

Evolve Mental Wellness					
Address: 31575 Winterplace Plwy Salisbury, Md 21801 Phone: 410-642-4011	Address: 1411 Wesley Dr. Salisbury, Md 21801 Phone: 410-642-4011	Hours of Operation: Website: evolvementalwellness.com	Payment Type(s): Medicaid, Medicare, Private Insu Sliding Fee Scale, Uninsured Ages Served: All ages	urance, Self-Pay,	
Mental Health / Addiction Services Provided: ☑ Ability to Prescribe ☑ Medication Management Medication ☑ Psychiatric Evaluations ☑ Family Therapy ☑ Telepsychiatry		Specialty Treatments: ☑ Art Therapy ☑ Anger Management Groups ☑ Co-occurring	☑ LGBTQ ☑ Play Therapy ☑ Trauma		
☑ Group Therapy☑ Individual TherapyOther Behavioral Health	Services: TF-CBT, E	MDR	Treatment/Dual Diagnosis ☑ Eating Disorders		

Family Tree Therapy, LLC						
Address:	Phone:	Hours of Opera	ation:	Payment Type(s):		
11022 Nicholas Lane Suite 2	443-735-4812	Mon -Thur 11:00am - 7:00pm		BlueCross/Blueshield, Self-Pay		
Ocean Pines, MD 21811		Call to schedule	appointment			
	Website: https://familytreetherapyllc.com/			Ages Served: 2-19		
Mental Health / Addiction Servi	ces Provided:	•	Specialty Treatm	nents:		
			☑ Play Therapy			
✓ Individual Therapy			☑ Parent-Child T	herapy		
Other Behavioral Health Servic	Other Behavioral Health Services: Outpatient Mental Health in Office					

Focus Point Behavioral Health					
Address:	Address:	Hours of	f Operation:	Payment Type(s):	
11672 Somerset Ave	803 N. Salisbury Blvd	Intake by	appointment and walk-in.	Medicaid, Private	
Princess Anne, MD 21853	Suite 2200	Mon -Thu	ur: 9:00am-7:00pm	Insurance, Self-Pay,	
	Salisbury, MD 21804	Fri 9:00a	m – 5:00pm	Uninsured	
Phone: 410-621-5858	•	Sat 9:00a	am -1:00pm	Ages Served:	
Fax: 410-621-5799	Phone: 443-978-7838	'		Adolescent – Adult	
	Fax: 410-621-5799	Website:			
		www.focuspointbh.com			
Mental Health / Addiction Serv	rices Provided:		Specialty Treatments:		
☑ Addiction IOP	✓ PRP		☑ Co-occurring Treatmer	nt/ Dual Diagnosis	
☑ Addiction Outpatient	☑ Suboxone Treatment		· ·	U	
✓ Individual Therapy	Vivitrol Treatment				
✓ Medication Management					

	G	Garner, Doris C., PhD			
Address 1: 8420 Follow Ditch Rd. Westover, MD 21871	Phone: 410-957-3105 Fax: 410-952-3148	Office Hours: Mon – Tues 9:00am – 6:30pm Wed 3:30pm – 6:00pm Thurs 1:00pm – 7:00pm Fri 9:00am – 5:00pm Sat 9:00am – 12:00pm *Intake by appointment only		Payment Type(s): Medicare, Private Insurance, Self-Pay Ages Served: 3 – 100	
Mental Health Provided: ☑ Family Therapy ☑ Individual Therapy				Lesbian/Gay, Bisexual Frauma – Veterans,	
Other Behavioral Health Services: Testing for ADD and ADHD for Adults and Children					

Hands of Hope Counseling Services, LLC					
Address: 111 W. Main St., Ste E Salisbury, MD 21801		Phone: 443-944-0794	Hours of Operation: Appointments required Mon – Fri 9:00am – 7:00pm Sat 9:00am – 1:00pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay Ages Served: 6-99	
Mental Health / Addiction Se	ervices Provid	ed:	Specialty Treatments:		
✓ Family Therapy✓ Individual Therapy		up Therapy ehealth Services	✓ Anger Management Gro✓ Veterans	pups	
Other Behavioral Health Services:					

Harkhani, J. S., MD					
Address: 1300 S. Division St., #A Salisbury, MD 21804	Phone: 410-219-3488 Fax: 410-219-5900	Hours of Opera Call to schedule Mon - Fri 1:00pr	appointment	Payment Type(s): Medicare, Private Insurance Ages Served: 18+	
Mental Health / Addiction Services Provided:			Specialty Treatments:		
☑ Ability to Prescribe Medication (except All)	OHD)				
✓ Medication Management					
☑ Psychiatric Evaluations					
Other Behavioral Health Services:					

Harmony Counseling Services, LLC					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
1201 Pemberton Dr, Suite 1D	410-632-6688	Mon - Fri	Medicaid, Medicare,		
Salisbury, MD 21801		Call or email to schedule appointment	Private Insurance, Self- Pay		
Website:		Email:			
Harmonycounselingsby.com		hoffman@harmonycounselingsby.com	Ages Served: 18 - 100		
Mental Health / Addiction Services P	rovided:	Specialty Treatments:			
✓ Individual Therapy					

	Hudson Health Services							
Address: 1505 Emerson Ave Salisbury, MD 21801 Website: www.Hudson-Health.org	Phone: 410-219-9000 Fax: 410-742-7048 Interpreter Services: Interpreter on site (Spanish) Interpreter services	Hours of Operation: Walk-in assessment hours Mon - Fri 8:00am – 2:00pm Appointments taken 24/7	Payment Type(s): Medicaid, Private Insurance, Self-Pay, Sliding Fee Scale Ages Served: 18 – End of Life					
Mental Health / Addiction ☑ Ability to Prescribe Medi ☑ Addiction IOP ☑ Addiction Transitional Ho ☑ Detox	cation ☑ Group Therapy ☑ Individual Therapy	 ✓ PHP ✓ Psychiatric Evaluations ✓ Residedntial Treatment Center ✓ Vivitrol Treatment 	Specialty Treatments: ☑ Anger Management Groups ☑ Art Therapy ☑ Co-occurring Treatment/ Dual Diagnosis ☑ Harm Reduction ☑ Music Therapy ☑ Pet and Equine Therapy					

		Island Care	Ме	ntal Health	
Address: 11022 Nicholas Lane., Unit 2 Suite 1 Berlin, MD 21811		Phone: 410-641-5190		Hours of Operation: Call to schedule appointment	Payment Type(s): Medicaid, Medicare, Private Insurance Ages Served: 5+
Mental Health / Addiction Services Provided:				ecialty Treatments:	
	Manag	dication ement nily Therapy		Anger Management Groups Co-occuring Treatment/Dual agnosis	✓ Play Therapy✓ First Responders✓ Geriatric Psychiatry✓ LGBTQ✓ PTSD Trauma
Other Behavioral Health Services: Depression, Anxiety, Panic Disorder, health disorders.					•

	Lead4	Life, Inc			
Address:	Phone:	Hours of Operation:	Payment Type(s):		
225 N. Division St	443-978-7864	Mon – Thurs - 8:00am – 5:00pm	Medicaid, Self-Pay,		
Salisbury, MD 21801		Fri 8:00am – 3:00 pm	Grants		
		Sat 9:00am – 12:00pm			
Website:	Language Services:		Ages Served:		
www.lead4lifeinc.org	Bilingual Staff (Spanish)	Intakes by appointment only	5 - 65		
	Interpreter Services (Haitian Creole,	Please call to schedule			
	Spanish)				
	Language Line				
Mental Health / Addiction Services Provided: Specialty Treatments:					
	✓ PRP	✓ Anger Management Groups			
☑ Group Therapy		✓ Art Therapy			
✓ Individual Therapy		☑ Co-occurring Treatment/ Dual Diagnosis			
, ,		☑ Trauma			
Other Behavioral Healt	h Services: Trauma – cognitive hehavior	ral, exposure, psychotherapy. Mind-Body me	dicine approach		
	nd workforce developments.	ai, expectate, persite and tapy. Willia body me	aromo approdom.		

	Life C	Crisis Center, Inc	
Address:	Phone:	Business Office Hours	Payment
P.O. Box 387	410-749-4357 or 211	9:00AM – 5:00PM	Type(s):
Salisbury, MD 21803	(Crisis Line – 24/7)	Counseling services for victims of child abuse, adults molested as children, child witnesses of domestic	Free Counseling
Language: F/F Services offered in English and Spanish.	Domestic Violence Shelter (24/7) Available upon screening	violence, sexual assault and intimate partner violence are upon appointment only at 410-749-4357.	Services
Crisis lines utilize the Language Line.	and approval. Please call number above for screening	Legal services include 24/7 advocacy and legal representation for victims of intimate partner violence if determined to be eligible.	Ages Served: All ages
Mental Health / Addiction S	ervices Provided:	Specialty Treatments:	
✓ Family Therapy✓ Individual Therapy✓ Group Therapy		 ✓ Anger Management Groups ✓ Art Therapy ✓ Play Therapy ✓ Trauma – EMDR, ITR for Child Abuse (Physical & Sexual), Child witnesses to Domestic violence, Adults molested as children, sexual assault, intimate partner violence. 	

Other Behavioral Health Services: Transitional Housing, Victims of DV and Sexual Assault/Rape, Abuser's Intervention Program for domestic violence offenders, Community Training and Outreach, Lower Shore Visitation Center.

	Life's Energy Wellness Center Inc.						
Address 1: 2324 West Zion Rd Suite 112 Salisbury, MD 21801 Phone: (800) 867-2395 Address 2: 514 Poplar St. Cambridge, MD 21613	Address 8737 Brod Easton, M Phone: (8	oks Dr.	Language Services: Bilingual Staff: (Spanish, Haitian Creole) Interpreter Services on site: (Haitian Creole, Spanish)	Hours of Operation: Open Access Walk-In Mon – Fri 10:00am - 2:00pm, Online Telehealth Assessmen Mon – Fri 10:00am - 2:00pm Patient should bring if availab ID, Insurance Card, Social Security Card	nts	Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale, Uninsured Ages Served: All ages Website/Email: www.lewcinc.org	
Phone: (800) 867-2395			Language Line				
Mental Health / Addiction	n Services	Provided:		Specialty Treatments:			
✓ Ability to Prescribe Me ✓ Addiction Outpatient ✓ Addiction Transitional ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy ✓ Psychiatric Evaluation ✓ Mental Health IOP ✓ Telehealth Services	Housing	 ✓ Medication ✓ Peer Suppo ✓ PRP ✓ Sublocade ✓ Suboxone ✓ Subutex ✓ Vivitrol 		✓ Anger Management Groups ✓ Co-occurring Treatment/ Dual Diagnosis ✓ Art Therapy ✓ Music Therapy ✓ Play Therapy ✓ LGBTQ+ ✓ Eating Disorders	☑ F ☑ T Trau Trea ☑ C	Sex Offender Forensic Frauma Informend and Juma Responsive Atment Gambling Treatment Harm Reduction Services	
Other Behavioral Health and trauma support group			•	nd prevention. Trauma – Gend s	er spe	cific trauma treatment	

LifeMark Inc.						
Address:	Phone:	Hours of Operation:	Payment Type(s):			
116 W. Main St., Suite 204	443-859-8584	By Appointment Only	Medicaid, Private			
Salisbury, MD 21801			Insurance, Self-Pay			
	Fax:					
Website/Email:	443-859-8496		Ages Served:			
www.lifemark.pro			3 - 99			
Mental Health / Addiction Serv	ices Provided:	Specialty Treatments:	l .			
☑ Family Thera	✓ Individual Therapy					
☑ Group Therapy						

Address:	Phone:	Hours of Operat	tion:	Payment Type(s):
1504 Market St.	410-957-4200	Mon -Thurs 11:00	0am - 8:00pm	Medicaid, Private
Pocomoke City, MD 21851		Weekends availa	ible by	Insurance, Self-Pay,
		appointment only	1	Sliding Fee Scale.
PO Box 281, Pocomoke City, MD 21851	Fax:			
·	410-957-6842			
Mental Health / Addiction Services Provi	ided:		Specialty Treat	ments:
☑ Group Therapy			☑ Certified Clini	cal Trauma Professional
✓ Individual Therapy				
• •				

Lighthouse Counseling Christian Ministry						
Address 1: 0026 Main St. Bldg. 1 Berlin, MD 21811 Phone: 410-973-2211	Address 2: 120 B Arlington Rd Salisbury, MD 21801 Phone: 410-973-2211	Hours of Operation: Mon - Fri 8:00am - 8:00pm Appointment Only Website: www.lighthousecounselingcm.com		Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Sliding Fee Scale, Uninsured Ages Served: 4+		
Mental Health / Addiction Services Provided: ☑ Addiction Outpatient ☑ Family Therapy ☑ Individual Therapy ☑ Mental Health IOP			Specialty Treatmen ✓ Anger Manageme ✓ Eating Disorders ✓ LGBTQ ✓ Play Therapy ✓ Veterans			

Lower	Lower Shore Clinic Assertive Community Treatment (ACT) Team						
Address 1:	Phone:	Language Service	es:	Payment Type(s):			
431 E. Main St	410-341-3420	On-Demand Interp	reter Services	Medicaid, Medicare,			
Salisbury, MD 21801		ASL		Uninsured			
	Referrals:						
Address 2:	410-341-3420 Option 1 or	Website/Email:		Ages Served:			
828 Airpax Rd	referrals@lowershoreclinic.org	www.lowershoreclinic.org		18+			
Cambridge, MD 21623		Live chat via website					
Mental Health / Addiction Service	Specialty Trea	atments:					
☑ Ability to Prescribe Medication	☑ Medication Management	☑ Peer Support		ng Treatment/Dual Diagnosis			
✓ Individual Therapy	☑ Mobile Treatment/ACT	✓ SEP/MHVP					
Other Behavioral Health Services) :						

Address 1:	Address 2:	Hours of Operation:	Language Services:	Payment
431 E Main St. Salisbury, MD 21801	403 E. Main St. Salisbury, MD 21801	Mon – Fri 8:00am - 4:00pm	On-Demand Interpreter Services ASL	Type(s): Medicaid
Canobary, MB 21001	Canobary, MB 21001	Phone:	7.02	Modiodia
Address 3: 11559 Somerset Ave.	Address 4: 7033 Worcester Hwy.	410-341-3420	Website/Email: www.lowershoreclinic.org	Ages
Princess Anne, MD 21853	Newark, MD 21841	Referrals: 410-341-3420 Option 1 or referrals@lowershoreclinic.org	Live chat via website	Served: 18+
Mental Health / Addiction	Services Provided:		Specialty Treatments:	1
✓ Peer Support	✓ RRP		☑ Forensic	
☑ PRP	✓ Residenti	al Crisis Beds	☑ Geriatric	

	Lower Shore Clinic - Outpat	ient Integrated Care Clinic	
Address:	Phone:	Hours of Operation:	Payment Type(s):
505 E Main St.	410-341-3420	Intake by walk-in,	Medicaid, Medicare,
Salisbury, MD 21804		Paperwork completed in office	Private Insurance, Sliding
	Referrals: 410-341-3420 Option 1 or	Same day appointment available	Fee Scale, Self-Pay, Uninsured, Veterans
Website/Email: www.lowershoreclinic.org	referrals@lowershoreclinic.org	Please bring photo identification, insurance information, and	Benefits
Live chat via website	Language Services: On-Demand Interpreter Services ASL	secondary identification	Ages Served: 18+
Mental Health / Addiction S	Services Provided:	Specialty Treatments:	
☑ Ability to Perscribe Medic☑ Family Therapy☑ Group Therapy	ation ☑ Individual Therapy ☑ Medication Management ☑ Vivitrol Treatment	☑ Co-occuring Treatment / Dual Diagnosis☑ Gambling Treatment☑ Geriatric	✓ Harm Reduction✓ Trauma – Please see below
Other Behavioral Health Se	ervices: Provides EMDR, CPT and Neur	o-feedback services.	

Maple Shade Youth & Family Services, LLC					
Address 1:	Address 2:	Address 3:	Hours	of Operation:	Payment
23704 Ocean Gateway	11760 Somerset Ave,	382 West Main St.,	Intake	by appointment only	Type:
Mardela Springs, MD 21837	Princess Anne, MD 21853	Crisfield, MD 21817			Medicaid
			Webs	ite:	
Phone: 410-677-0202	Phone:410-621-5177	Phone :410-968-	www.i	maple-shade.org	Ages
Fax: 410-677-0303	Fax: 410-621-5050	3547			Served:
		Fax: 410-968-1078	Langu	•	5-21
			Biling	ual Staff (Spanish)	
Mental Health / Addiction Se	ervices Provided:	1		Specialty Treatments:	
☑ Ability to Prescribe Medica	tion			✓ Lesbian/Gay, Bisexual, 1	ransgender
	☑ Psychiatric Evalu	ıations		✓ Play Therapy	J
✓ Group Therapy	☑ Respite*			, .,	
✓ Individual Therapy					
✓ Medication Management		1			
-	. •				
Other Behavioral Health Services: *Day Respite, Overnight Respite, School based therapy					

MATClinics						
Address:		Phone:	Hours of Operation:		Payment Type(s):	
659 S Salisbury Blvd, Suite 4		410-220-0720	Tues 2:00pm - 7:00pm		Medicaid, Private	
Salisbury, MD 21801			Thurs & Sat: 8:00am - 3:00)pm	Insurance, Self-Pay	
		Language Services:				
Website:		Bilingual Staff	Intake by appointment		Ages Served:	
www.MATClinics.com		(Spanish)			18+	
Meltal Health Services Provided:			·	Specia	alty Treatments:	
☑ Ability to Prescribe Medication	✓ Med	lication Management		☑ Ang	ger Management Groups	
✓ Addiction IOP	✓ Psy	chiatric Evaluations	✓ Antabuse Treatment	☑ Co	-occurring Treatment /	
☑ Addiction Outpatient	☑ Sub	oxone Treatment	✓ Naltrexone Treatment	Dual D)iagnosis	
✓ Case Management	✓ Sub	utex Treatment	✓ Sublocade Treatment	☑ Ha	rm Reduction Services	
☑ Group Therapy	☑ Tele	epsychiatry	✓ Vivitrol Treatment	☑ Les	sbian/Gay, Bisexual,	
✓ Individual Therapy				Transo	gender	
Other Behavioral Health Services						
Other Denavioral Health Services	•					

Mosaic Counseling & Wellness, LLC						
Address:	Phone:	Hours of O	peration:	Payment Type(s):		
207 W Main St	443-614-2348	Mon 8:00am	n - 6:00pm	Medicaid, Private		
Suite #2		Tues 8:00ar	m - 2:00pm	Insurance, Self-Pay		
Salisbury, MD 21801	Language Services:	Wed 9:00am - 7:00pm				
	English	Thurs 11:00am - 8:00pm		Ages Served:		
Website:				5+		
Mosaiccounselingandwellness.com		Intake by ap	ppointment.			
Meltal Health Services Provided:			Specialty Treatme	nts:		
☐ Family Therapy ☐ Group Thera	py 🗹 Individual T	herapy	☑ Play Therapy			
Other Behavioral Health Services:			1			

Open Arms & Hearts Health Services, LLC					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
1532 Ocean Highway, Suite 102	443-437-7128	Mon – Thurs 5:00am –	12:00pm	Medicaid, Medicare, Self-	
Pocomoke City, MD 21851		Fri 5:00am – 12:00pm	l	Pay, Uninsured	
	Language Services:	Sat 6:00am – 8:00am			
Website:	Interpreter Services			Ages Served:	
Openarmsheart.com	(ASL)	Intakes:		18+	
	Bilingual Staff (Spanish)	Tues - Thurs 5:00am – 9:00am			
Mental Health / Substance Abuse	Services Provided:		Specialty Treatm	ents:	
☑ Ability to Prescribe Medication	☑ Methadone Treatment		✓ Anger Manage	ment Groups	
✓ Addiction IOP	✓ Sublocade		☑ Co-occurrig / D	ual Diagnosis	
✓ Addiction Outpatient				-	
			☑ Harm Reductio	n	
✓ Individual Therapy	✓ Telepsyhciatry		☑ LGBTQ		
✓ Medication Management	☑ Vivitrol Treatment		✓ Veterans		
Other Behavioral Health Services:					

	Palmetto Corner						
Address 1:	Address 2:	Phone:	Hours of Operation:	Payment Type(s):			
7888 Parsonsburg Rd.	12360 Palmetto Church Rd	410-881-5200	Clinical Staff Available	Medicaid, Self-Pay,			
Parsonsburg, MD	Princess Anne, MD 21853		8:00 am – 8:00pm	Uninsured			
21849		Fax:	Call for a screening				
		410-304-6919		Ages Served:			
			Language Services:	18+			
			Language Line				
Mental Health / Addictio	n Services Provided:	•	Specialty Treatments:	•			
	✓ Individual Therapy						
☑ Group Therapy	✓ Vivitrol Treatment						
Other Delegational Health	Other Behavioral Health Services: Level 3.3 and 3.5, Withdrawal Management, Peer Support.						
Other Benavioral Health	Services: Level 3.3 and 3.5, V	vitndrawai Manage	ment, Peer Support.				

Pe	ninsula Menta	I Health Service	es and Peninsula Addictions Servi	ces
Address:		Phone:	Hours of Operation:	Payment Type(s):
102 West Market St.		410-860-2673	Mon – Fri 8:00am – 8:00pm	Medicaid, Private
Salisbury, MD 21801				Insurance, Self-Pay,
		_	Intakes can be scheduled or walk-in;	Uninsured
		Fax:	patients should bring identification and	
		410-860-0450	insurance card or proof of applying for	Ages Served:
			health insurance.	18 +
Mental Health / Addiction	Services Provid	ed:	Specialty Treatments:	
☑ Ability to Prescribe	☑ Medication	Management	☑ Co-occurring Treatment/Dual Diagnos	sis
Medication	☑ Outpatient I	Mental Health	✓ First Responders	
☑ Addiction IOP		reatment	✓ Forensic	
☑ Addiction Outpatient	☑ Vivitrol Trea	ıtment	☑ LGBTQ	
☑ Group Therapy	☑ Subutex Tree	eatment	☑ Trauma - Veterans	
✓ Individual Therapy		Services		
Other Behavioral Health S	Services:		•	

Perdue Art Therapy & Counseling						
Address: 1147 S. Salisbury Blvd. Ste 8 #381	Phone: 443-735-4114	Hours of Operation: Intakes by appointment only	Payment Type(s): Self-Pay			
Salisbury, MD 21801	Fax: 443-440-5640		Ages Served: 20-99			
Mental Health / Addiction Services	Provided:	Specialty Treatments:				
✓ Individual Therapy		✓ Art Therapy				
☑ Telehealth Services		☑ Early onset Alzheimer/Dement	ia			
Other Behavioral Health Services:	Dementia, family/caregive	er support, support groups, creative agin	g consulting			

Recovery 180 (Men Only)				
Address 1: 5438 Sandy Hill Road Quantico, MD 21856	Hours of Operation: Appointment Only	Payment Type(s): Medicaid		
Phone: 240-681-9654	Website: Recovery180md.com	Ages Served: 18 - 85		
Mental Health / Addiction Services P	rovided:	Specialty Treatments:		
☑ Addiction Transitional Housing				
Other Behavioral Health Services:		1		

ReEnvision Counseling & Reiki Healing, LLC						
Address:	Phone:	Hours of O	peration:	Payment Type(s):		
313 West London Ave	410-618-1990	Tues - Fri 9:	:00am-5:00pm	Medicaid, Private		
Salisbury, MD 21801		Intakes by a	ppointment only	Insurance, Self-Pay,		
	Language Services:					
Website:	N/A			Ages Served:		
www.reenvisioncounseling.com				18 - 64		
Mental Health / Substance Abuse Services Provided:			Specialty Treatment	is:		
✓ Individual Therapy		☑ Co-occurring Treament / Dual Diagnosis				
			☑ LGBTQ	-		
			☑ Trauma (Sexual T	rauma)		
Other Behavioral Health Services: Depression, Anxiety						

	Payment Type(s):
	Self-Pay (No credit cards)
	Ages Served: 18+
Specialty Treat	ments:
chiatric Evaluations	ders ☑ Geriatric ☑ Trauma - PTSD
	Specialty Treat

Restorative Behavioral Health, Inc.						
Address: 9956 N. Main Street, Suite 4 Berlin, MD 21811 Website/Email: www.rbhi.net	Phone: 667-288-1566	Hours of Operation: Mon - Fri 9:00am – 5:00pm Intakes are by appointment only Language Services: N/A	Payment Type(s): Medicaid, Medicare, Private Insurance, Self Pay, Sliding Fee Scale, Uninsured Ages Served: 0 - 99			
Mental Health / Addiction Service ✓ Ability to Prescribe Medication ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy			Specialty Treatments: ☑ Anger Management Groups ☑ Eating Disorders ☑ Geriatric ☑ Play Therapy ☑ Veterans			
Other Behavioral Health Services: Certified Spravato Treatment Center, Medical Marijuana Certification						

Safe Harbour Addiction Counseling					
Address:	Phone:	Hours of Operation:		Payment Type(s):	
Ocean Pines	443-365-0699	Mon – Fri 10	0:00am – 5:00pm	Self-Pay	
Berlin, MD 21811					
Website: safeharbouraddictioncounseling.com	Language Services: N/A	Intakes and Counseling by appointment		Ages Served: 18+	
Substance Abuse Services Provided:			Specialty Treatments:		
✓ Individual Therapy					
☑ Group Therapy					
✓ Addiction Outpatient					
Other Behavioral Health Services: Transfers, Referrals, Phone Consult, Evaluations and Telehealth Online Services					

	Seaside Coun	seling & Wellness Center	
Address: 314 Franklin Ave, Suite 306 Berlin, MD 21811	Phone: 410-973-2525	Hours of Operation: Intakes by appointment only. Hours of operation vary by practitioner.	Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale
·	Fax: 410-973-2527	Website: www.seasidecounselingandwellness.c	
Mental Health / Addic	tion Services Provided:	Specialty Treatments:	
✓ Family Therapy	✓ Individual Therapy ✓ Telehea	Ith Services	

	Somerset County Health Dep	partment	
Address: 8928 Sign Post Rd. Suite 2	Hours of Operation: Mon - Fri 8:00am - 4:30)pm	Payment Type(s): Uninsured
Westover, MD 21871	Languate Services:	Languate Services:	
Phone: 443-523-1722	Website: www.somersethealth.or	rg	
Mental Health / Addiction Services Provid	ed:	Specialty Tr	eatments:
☑ Peer Support		N/A	
Other Behavioral Health Services:		<u>.</u>	

Somerset County Wellness and Recovery Center						
Address:	Phone:	Hours of Operation:		Payment Type(s):		
11674 Somerset Ave,	410-621-5739	Mon - Fri		Uninsured		
Princess Anne, MD 21853		8:00am - 4:30p	m			
	Fax:			Ages Served:		
	410-621-5426	Language Serv		18+		
Website:		Interpreter Serv	rices			
www.somersethealth.org						
Mental Health / Addiction Services Pr	ovided:	•	Specialty Treatm	nents:		
✓ Peer Support	☑ Re-Entry Services		✓ Anger Manage	ement Groups		
☑ Group Support Meetings			☑ Veterans	•		
						
Other Behavioral Health Services: Sn	noking cessation and re-entry	services				

	Stange, Carol, LCSW				
Address: 106 Circle Ave. Salisbury, MD 21801	Phone: 410-430-0727	Hours of Operation: Call to schedule appointment Tues, Thurs, and Fri 1:00pm – 8:00pm	Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay Ages Served: 18+		
Mental Health / Addicti Provided: ☑ Family Therapy ☑ Individual Therapy	on Services	Specialty Treatments:			
Other Behavioral Healt	h Services:				

Step Up From Grace, LLC (Women Only)					
Address 1:	Address 2:	Phone:	Hour	s of Operation:	Payment Type(s):
514 Rose St.	11600 Beckford Ave	410-831-1577		e by appointment only, made	Medicaid, Uninsured
Salisbury, MD 21801	Princess Anne, MD		by ph	one or ICF form	
	21853				Ages Served:
		Language	Emai		18+
		Services: Language Line	stepu	pfromgracellc@gmail.com	
Mental Health / Addicti	on Services Provided:		<u> </u>	Specialty Treatments:	1
☑ Group Therapy	☑ Indi	vidual Therapy		-	
Other Behavioral Healt	h Services: 3.1 Housing I	Program, Housing Re	sources	Community Resources, Resid	dential Treatment Center

Peer Support, Transportation, Life Skills and 24-Hour in-house support

The Personal Wellness Center					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
6508 Deer Pointe Dr	410-742-6016	Call to schedule appointment	Medicaid, Medicare,		
Suite 4C	Fax:	Mon - Thurs 8:00am - 7:00pm	Private Insurance,		
Salisbury, MD 21804	410-742-6014	Fri 8:00am – 2:30pm	Self-Pay, Sliding Fee		
			Scale		
Website/Email:	Language Services:				
www.thepersonalwellnesscenter.com	Bilingual Staff on site		Ages Served: 3 - 65		
	(Haitian Creole and Spanish)				
Mental Health / Addiction Services Pro	ovided:	Specialty Treatments:			
☑ Ability to Prescribe Medication	Medication Management	☑ Art Therapy	☑ Music Therapy		
	Psychiatric Evaluations	☑ Eating Disorders	✓ Play Therapy		
✓ Individual Therapy	☑ Telepsychiatry	☑ Geriatric	✓ Trauma		
Other Behavioral Health Services: Ce	rtified Clinical Trauma Professional. Coç	gnitive Behavioral Therapy, Diale	ctical Behavior		
Therapy and Motivational Interviewing.					

		TidalHealth				
Address 1: 100 E. Vine St	Address 2: 100 E. Carroll St.	Hours of Operation: Intake is by	Payment Type: Medicaid, Medicare, Private Insurance, Self-Pay,			
Salisbury, MD 21801	Salisbury, MD 21801	appointment only	Sliding Fee Scale, Uninsured			
Phone:410-543-7119	DI 440 040 5005		Ages Served:			
	Phone: 410-912-5635	Language Services:	5-99+			
Address 3:		Interpreter Services				
201 Hall Highway Crisfield, MD 21817	•		Website:			
Olisheid, MD 21017			www.tidalhealth.org			
Phone: 410-968-1801						
Mental Health / Addiction	Services Provided:	l	Specialty Treatments:			
☑ Ability to Prescribe Medi	cation	al Health Inpatient	✓ Play Therapy			
☑ Addiction Outpatient	☑ PHP		☑ Co-occurring Treatment / Dual Dlagnosis			
	✓ Vivitro	ol Treatment	✓ Play Therapy			
✓ Individual Therapy		osychiatry				
☑ Medication Managemen	t					
Other Behavioral Health S	Other Behavioral Health Services: Transcranial Magnetic Stimulation, EMDR					

	Universality Health Care LLC					
Address:	dress: Address:		Hours of C	Operation:	Payment Type(s):	
547 Riverside Drive	11779 Some	erset Ave.	Mon – Fri 9:00am – 5:00pm		Medicaid,	
Salisbury, MD 21801	Princess An	ne, MD 21853		·	Medicare,Private	
			Walk-Ins:		Insurance, Self-Pay,	
Phone:	Phone:		Mon – Thu	rs: 11:00am – 2:00pm	Sliding Fee Scale,	
443-355-7517	443-355-75	17			Uninsured	
			Website:			
			www.unive	rsalityhealthcare.com	Ages Served:	
					4 - 99	
Mental Health / Addiction	Services Pro	vided:		Specialty Treatments	S :	
☑ Ability to Prescribe Medi	cation		t	☑ Anger Managemen	t Groups	
☑ Addiction IOP		☑ Menal Health IOP		☑ Art Therapy	•	
☑ Addiction Outpatient		☑ PRP		☑ Co-occurring Treat	ment/ Dual Diagnosis	
☑ Family Therapy		☑ Psychiatric Evaluations		☑ Eating Disorders	·	
☑ Group Therapy		☑ Suboxone Treatment		☑ Gambling		
✓ Individual Therapy				☑ Harm Reduction		
		✓ Vivitrol Treatment		☑ Play Therapy		
				✓ Sex Offender		
				✓ Veterans		
Other Behavioral Health S	ervices:			l		

	White Flin	t Recovery, Eas	stern Shore	, Inc.	
Address 1: 207 E. Main St. Salisbury, MD 21801	Hours of Operation Mon - Fri 10:00am		hone: 10-749-6422	Language Services: Spanish	Payment Type(s): Medicaid, Private Insurance, Self-Pay,
Canadary, MD 21001		=	ax: 10-749-7861	Opariion	Sliding Fee Scale, Uninsured Ages Served: 16+
Mental Health / Addiction	Services Provided:	L		Specialty Trea	tments:
☑ Addiction IOP☑ Addiction Outpatient	✓ Group Therapy✓ Individual Therapy	☑ Vivitrol Tre	atment	N/A	
Other Behavioral Health	Services:				

	Wicomico County H	ealth Departme	nt - Behavioral I	Health
Address: 108 E. Main St. Salisbury, MD 21801 Website/Email: www.wicomicohealth.org	Phone: Addictions: 410-742-3784 Mental Health: 410-334-3497 Language Services: Language Line Interpreter on site: ASL, Haitian Creole and Spanish	Hours of Operation: Addictions: Walk-in: Mon, Tues, Thurs, Fri 8:00 am Wed 11:15 am * Bring ID and Insurance card Mental Health: Call for an appointment.		Payment Type(s): Medicaid, Medicare, Private Insurance, Self-Pay, Uninsured Ages Served: Addictions: 12-adulthood Mental Health: 4-17 Co-occurring Program: 18 +
Mental Health / Addiction Services Provided: ☑ Ability to Prescribe Medication ☑ Addiction IOP ☑ Methadone ☑ Addiction Outpatient ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy ☑ Other Behavioral Health Services:		Treatment Freatment Services	Specialty Treatme ✓ Co-occurring Tr ✓ Forensics	ents: reatment/Dual Diagnosis

	Wicomic	co County Health Department - PRP	
Address:	Phone:	Hours of Operation:	Payment Type(s):
Physical 801 N. Salisbury Blvd	410-543-6790	Mon – Fri 8:00am – 5:00pm	Medicaid
Salisbury, MD 21801	Language Services: Language Line	Intakes and Counseling by appointment	Ages Served: All Ages
Mailing: 108 E Main St Salisbury, MD 21801		Website: www.wicomicohealth.org/case-management/psychiatric-rehabilitation-program-prp/	
Mental Health / Addicti	on Services Provided:	Specialty Treatments:	
☑ PRP		N/A	
		ommunity Visits, Individual Rehabilitation Planning, Case Man and Support Groups, 24 Hour on Call Availability	agement, Health

Wico	Wicomico County Health Department – Targeted Case Management					
Address:	Phone:	Hours of O	peration:	Payment Type(s):		
Physical:	410-543-6790	Mon – Fri 8	:00am – 5:00pm	Medicaid, Uninsured		
801 N. Salisbury Blvd						
Suite 102	Language Services:	Website:		Ages Served:		
Salisbury, MD 21801	Language Line	www.wicom	nicohealth.org	18+		
Mailing:	Interpreter on site:					
108 E Main St	ASL, Haitian Creole and					
Salisbury, MD 21801	Spanish					
Mental Health / Addiction Serv	vices Provided:		Specialty Treatme	nts:		
✓ Peer Support	✓ Telehealth Services		☑ Harm Reduction	ı		
☑ TCM for Adults				ent to Specific Popluations		
Other Behavioral Health Servi	ces:		•			

Address: 11827 Ocean Gateway		Phone: 410-213-0202	Hours of Operation: Mon-Thurs 8:00am - 6:30pm		Payment Type(s): Medicaid, Medicare,	
Ocean City MD 21842		410-213-0202	Fri 8:00am - 4:3	•	Private Insurance, Self-	
Website/Email: www.worcesterhealth.org		Language Services: Language Line			Pay, Sliding Fee Scale, Uninsured Ages Served: 18+	
Mental Health / Addiction	Services Provid	led:	1	Specialty Trea	tments:	
✓ Addiction IOP ✓ Addiction Outpatient ✓ Adolescent Addiction ✓ Group Therapy ✓ Family Therapy ✓ Individual Therapy ✓ Peer Support ✓ Telepsychiatry	✓ Ability to Pr ✓ Suboxone ✓ Vivitrol Trea ✓ Medication ✓ Psychiatric	atment Management		☑ Co-occurring	g Treatment/Dual Diagnosis	

	Word	Worcester County Health Department						
Address 1: 6040 Public Landing Rd. Snow Hill, MD 21863 Phone: 410-632-1100 Fax: 410-632-0906	Address 2: 9730 Healthway Dr. Berlin, MD 21811 Phone: 410-629-0164 Fax: 410-629-0185	Address 3: 400-A Walnut St. Pocomoke, MD 21851 Phone: 410-957-2005 Fax: 410-957-2417	Hours of Operation: Please call for Updated Information Language Services: Language Line	Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale, Uninsured Ages Served: All ages Website/Email: www.worcesterhealth.org				
Mental Health / Addiction ☑ Ability to Prescribe Med ☑ Addiction IOP ☑ Addiction Outpatient ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy ☑ Medication Managemen ☑ Peer Support	ication ☑ PRP ☑ Psychiatr ☑ Suboxon ☑ Subutex ☑ TCM for ☑ ☑ Telepsyc	Adults hiatry	Specialty Treatments: ☑ Co-occurring Treatment/ Dual Diagnosis ☑ Eating Disorders ☑ Gambling ☑ Harm Reduction ☑ LGBTQ	☑ Play Therapy ☑ School Based Therapy ☑ Trauma				

Other Behavioral Health Services: TF-CBT: Trauma Focused-Cognitive Behavioral Therapy Bounce Back, CBITS: Cognitive Behavioral Intervention for Trauma in Schools, EMDR: Eye Movement Desensitization and Reprocessing Therapy, ACT: Acceptance and Commitment Therapy, MBSR: Mindfulness Based Stress Reduction, DBT: Dialectical Behavioral Therapy ERP (Exposure and Response Prevention), CBT: Cognitive Behavioral Therapy, Narcan Provider and education, Case Management

Worcester Youth & Family Counseling Services, Inc					
Address:	Phone:	Hours of Operation:	Payment Type(s):		
124 North Main St. Suite C	410-641-4598	Mon - Thurs 8:30am - 7:00pm	Medicaid, Medicare,		
Berlin, MD 21811		Fri 9:00am -1:00pm	Private Insurance, Self-		
			Pay, Sliding Fee Scale,		
Website/Email:	Fax:	Intake Scheduled by appointment	Uninsured		
www.gowoyo.org	410-641-4696				
			Ages Served:		
			4+		
Mental Health / Addiction Serv	vices Provided:	Specialty Treatments:			
		☑ Co-Occurring Treatment / Dual Dia	gnosis		
✓ Individual Therapy		☑ Eating Disorders	☑ Eating Disorders		
☑ Group Therapy		☑ LGBTQ			
☑ Telehealth Services		☑ Trauma			
Other Behavioral Health Servi	ces: Family, Marital, Anxie	ety, Depression, Therapy for victims of crime,	Animal Assisted Therapy,		

Trauma Informed Care, ALLIES Group (ALLIES = Authentically Loving Lives and Identities through Education and Support))

Wraparound Maryland							
Address:	Phone:	Hours of Operation: Payment Type(s):					
1118 East Main Street	410-219-5070	Mon - Fri 8:	00am – 5:00pm	Medicaid, Uninsured			
Salisbury, MD 21804							
		Language	Services:				
Website/Email:	Fax:	Language L	_ine	Ages Served:			
www.wraparoundmd.com	410-219-5072			4+			
info@wraparoundmd.com							
Montal Hoolth / Addiction Common	Duanda di		Specialty Treatme				
Mental Health / Addiction Services	Mental Health / Addiction Services Provided:			nts:			
☑ CCO/1915i TCM for Youth			☑ LGBTQ – Safe S	Spaces, LGBTQ Informed			
✓ TCM for Adults							

Other Behavioral Health Services: Provides mental health case management to children and youth in Somerset, Wicomico and Worcester Counties. TCM Plus without Medicaid. Provides adult targeted case management services in Somerset County.

Regional Behavioral Health Providers

	A.F. Whitsitt Center					
Address: 300 Scheeler Rd. Chestertown, MD 21620 Website/Email: Kenthd.org	Phone: 410-778-6404 Press 1 for admissions Fax: 855-719-2505 Language Services: Language Line		Hours of Operation: 24/7 Facility Intake by appointment Walk-ins on Mon & Wed 9:00 – 11:30am Admission email: kchdwhitadm@maryland.gov		Payment Type(s): Medicaid, Self-Pay, Uninsured Ages Served: 18+	
Medication ✓ Addiction Inpatient ✓ Detox ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy	 ✓ Medication Management ✓ Peer Support ✓ Psychiatric Evaluations ✓ Suboxone Treatment 	☑ Vivitro ☑ State ☑ Crisis	tex Treatment of Treatment Opoid Response s Stabiliztion Beds	Specialty Treatments ☑ Anger Management Groups ☑ Art Therapy ☑ Co-occurring Treatment/Dual ☑ Harm Reduction Diagnosis		
Other Behavioral Health	Services: Work with Metha	idone provi	iders to continue whil	e inpatient		

	Avenues Recov	very Center at Eastern Shore	
Address: 821 Fieldcrest Road Cambridge, MD 21613	Phone: 410-673-4600	Hours of Operation: To set up an appointment with an inta coordinator please email: admissionesmd@avenuesrecovery.co	Private Insurance, Self- Pay
Mental Health / Addiction Server Addiction IOP ✓ Addiction Outpatient ✓ Addiction Inpatient ✓ Detox ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy	rices Provided: ☑ Medication Mana ☑ Mental Health IO ☑ PHP ☑ Residential Tresa ☑ Suboxone Treatra ☑ Subutex Treatma ☑ Telehealth Servica ☑ Vivitrol Treatman	Patment Center nent ent ces	Specialty Treatments ☑ Co-occurring Treatment/Dual Diagnosis ☑ LBGTQ
Other Behavioral Health Servi	ces:		

Regional Behavioral Health Providers

		BrightView		
Address 1: 12417 Ocean Gtwy, Suite 7 Ocean City, MD 21842 Phone: 443-373-2113	Address 2: 402 Marvel Ct, Easton, MD 21601 Phone: 410-822-7150	Hours of Operation: Mon – Wed 5:30am - 2 Thurs – 5:00am – 2:00p Fri 5:30am - 11:00am Sat 5:30am - 9:30am Website: www.brightviewhealth.com	om .	Payment Type(s): Medicaid, Private Insurance, Self-Pay Ages Served: 18+
Mental Health / Addiction Sei	vices Provided:		Specialty Treatme	ents:
✓ Addiction Outpatient ✓ Medicat ✓ Ability to Prescribe Medication ✓ Methad ✓ Group Therapy ✓ Suboxo		tion Management one Treatment * one Treatment alth Services		
Other Behavioral Health Serv	rices: * Methadone Treatmen	nt not offered at Ocean C	ity location	

Community Behavioral Health						
Address 1: 809 Eastern Shore Dr. Salisbury, MD 21804 Phone: 844 224-5264 Ext. 12	Address 2: 107 East Market S Snow Hill, MD 21: Phone: 844 224-5264 Ext. 16		Hours of Operation: Mon - Fri 9:00am - 5:00pm Online Intakes Available Language Services: Interpreter Services Bilingual Staff (Spanish) Website/Email: www.communitybehavioralhealth.net	Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale Ages Served: All ages		
Mental Health / Addid ✓ Ability to Prescribe ✓ Addiction IOP ✓ Addiction Outpatien ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy ✓ Medication Manage ✓ Mental Health IOP	Medication Int Int Int Int Int Int Int I	PRP Psychiatric Evaluation Respite Suboxone Treatment Subutex Treatment Telepsyhciatry Vivitrol Treatment	Specialty Treatments: ☑ Anger Management ☑ Art Therapy ☑ Co-occurring Treatment / Dual Diagnosis ☑ Eating Disorders ☑ Forensic ☑ Gambling Education, ACES Trauma Informed Care	☑ Geriatric ☑ LBGTQ ☑ Play Therapy ☑ Sex Offender ☑ Trauma ☑ Veterans		

Regional Behavioral Health Providers

	Cove I	Recovery, LLC		
Address 1: 540 Riverside Dr., Ste 8, Salisbury, MD 21801 Address 3: 30256 Mt. Vernon Road Unit A Princess Anne, MD 21853	Address 2: 828 Airpax Rd., Bldg. B Ste 300 Cambridge, MD 21613 Address 4: 10226 Old Ocean City Blvd. Berlin, MD 21811	Hours of Operation Appointments and w Mon - Fri 9:00am - 5 Please bring ID and Phone: 410-548-333 Website: coverecoveryllc.com	valk-ins for intake 5:00pm Insurance Card	Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale, Uninsured Ages Served: 6+ Mental Health 18+ Substance Abuse
Mental Health / Addiction ☑ Ability to Prescribe Medi ☑ Addiction IOP ☑ Addiction Outpatient ☑ Family Therapy ☑ Group Therapy ☑ Individual Therapy			Specialty Treatment ☑ Geriatric ☑ Co-occurring Treat ☑ Anger Managemer ☑ LGBTQ ☑ Trauma Informed	tment/ Dual Diagnosis nt Groups
Other Behavioral Health S	Services:			

	D	over Behavioral Health	System		
Address 1:	Address 2:	General Phone:	Language Services:	Payment Type(s):	
725 Horsepond Rd.	405 S. Bedford St.	855-609-9711	Interpreter services	Medicaid, Medicare	
Dover, DE 19901	Suite 5	Fax:		Private Insurance,	
	Georgetown, DE 19947	302-588-5724	Hours of Operation:	Self-Pay	
Phone:	(PHP)		Dover Office walk-in 24hrs.	·	
302-747-1100	Phone:	Website/Email:	Georgetown Office Mon-Fri,	Ages Served:	
	302-747-1421	www.doverbehavioral.com	8am-4pm	12+	
			·		
Mental Health / Addiction Services Provided:			Specialty Treatments		
☑ Ability to Prescribe	Medication ☑ Gro	up Therapy	✓ Anger Management Groups		
☑ Addiction Inpatient		cation management			
✓ Addiction IOP	☑ PHF		☑ Co-occurring Treatment/ Dual Diagnosis		
☑ Addiction Outpatie	nt	chiatric Acute Inpatient	✓ Music Therapy	Ŭ	
✓ Detox	(Dover Only)		☑ Telepsychiatry		
☑ Family Therapy			☑ Veterans		
Other Behavioral He	alth Services:				

Eastern Shore Hospital Center						
Address: 5262 Woods Rd. Cambridge, MD 21613 Website/Email: https://health.maryland.gov/ESHC	Hours of Operatio 24/7, intakes gener by appointment Phone: 410-221-23 Fax: 410-221-2558	ally 800	Language Services: Phone, written, visual, and on-site interpretation.		Ages Served: 18+	
✓ Psychiatric Acute Inpatient ✓ ✓ ✓		☑ Ang ☑ Art ☐ ☑ Co-c Diag	Ity Treatments er Management Groups Therapy occurring Treatment / Dual	_	Trauma Forensic	
Other Behavioral Health Services: Treatment in association with trauma informed care						

	Hud	son Health Services	
Address:	Phone:	Hours of Operation:	Payment Type(s):
1505 Emerson Ave	410-219-9000	Walk-in assessment hours	Medicaid, Private Insurance, Self-Pay,
Salisbury, MD 21801		Mon - Fri 8:00am – 2:00pm	Sliding Fee Scale
	Fax:		
Website:	410-742-7048	Appointments taken 24/7	Ages Served:
www.Hudson-Health.org			18 – End of Life
	Interpreter Services:		
	Interpreter on site (Spanish)		
	Interpreter services		
Mental Health / Addiction	Services Provided:		Specialty Treatments:
☑ Ability to Prescribe Med	lication ☑ PHP		☑ Anger Management Groups
☑ Addiction IOP	✓ Psychiatric	Evaluations	☑ Art Therapy
☑ Addiction Transitional F	lousing ☑ Residedntia	l Treatment Center	☑ Co-occurring Treatment/ Dual Diagnosis
✓ Detox	✓ Vivitrol Trea	tment	
			✓ Music Therapy
✓ Individual Therapy			☑ Pet and Equine Therapy
☑ Medication Managemer	nt		
✓ Peer Support			
• •			
Other Behavioral Health	Services: Hudson Health Servi	ces' Halfway and Transitional H	Houses are located in Salisbury, Maryland and
in Georgetown, Delaware.			

Regional Benaviolal Health 1 Tovide13					
Life's Energy Wellness Center Inc.					
Address 1: 2324 West Zion Rd Suite 112 Salisbury, MD 21801 Phone: (800) 867-2395 Address 2: 514 Poplar St. Cambridge, MD 21613 Phone: (800) 867-2395	Address 3: 8737 Brooks Dr. Easton, MD 21601 Phone: (800) 867-2395	Language Services: Bilingual Staff: (Spanish, Haitian Creole) Interpreter Services on site: (Haitian Creole, Spanish) Language Line	Hours of Operation: Open Access Walk-In 10:00am-2:00pm Mon -Fri Online Telehealth Assessments 10:00am-2:00pm Mon-Fri Patient should bring if available ID, Insurance Card, Social Security Card		Payment Type(s): Medicaid, Medicare, Private Insurance, Self- Pay, Sliding Fee Scale, Uninsured Ages Served: All ages Website/Email: www.lewcinc.org
Mental Health / Addictio ☑ Ability to Prescribe Me ☑ Addiction Outpatient		Management ort	3 3	_	ex Offender orensic
 ✓ Addiction Transitional ✓ Family Therapy ✓ Group Therapy ✓ Individual Therapy ✓ Psychiatric Evaluations ✓ Mental Health IOP ✓ Telehealth Services 	Housing ☑ PRP ☑ Sublocade ☑ Suboxone ☑ Subutex Tr	Treatment Treatment reatment atment	 ☑ Co-occurring Treatment/ Dual Diagnosis ☑ Art Therapy ☑ Music Therapy ☑ Play Therapy ☑ LGBTQ+ ☑ Eating Disorders 	☑ Tı Trau Trea: ☑ G ☑ H	rauma Informend and ma Responsive tment ambling Treatment arm Reduction Services
	Services: DUI Education os. LGBTQ+ specific therap		prevention. Trauma – Gender	spec	cific trauma treatment

Address 1:	Phone:	Language Serv	rices:	Payment Type(s):
431 E. Main St	410-341-3420		erpreter Services	Medicaid, Medicare,
Salisbury, MD 21801		ASL	•	Uninsured
	Referrals:			
Address 2:	410-341-3420 Option 1 or	Website/Email:		Ages Served:
828 Airpax Rd	referrals@lowershoreclinic.org	www.lowershoreclinic.org		18+
Cambridge, MD 21623		Live chat via w	ebsite	
Mental Health / Addiction Service	es Provided:		Specialty Treatn	nents:
☑ Ability to Prescribe Medication	✓ Peer Support			Freatment/Dual Diagnosis
✓ Individual Therapy	☑ SEP/MHVP			· ·
✓ Medication Management				
✓ Mobile Treatment/ACT				
Other Behavioral Health Services	<u>. </u>			

		Rockford	Center			
Address: Ph		Phone:	Hours	Hours of Operation:		nent Type(s):
100 Rockford Dr. 302-996-5		302-996-5480	24/7, 3	65 days a year	Medic	caid, Medicare,
Newark, DE 19713						te Insurance, Self-
			Language Services:		Pay	
Website/Email:			Other languages upon request		•	Served:
www.rockfordcenter.com					4+	
				Ta		
Mental Health / Addiction Service				Specialty Treatments		
☑ Ability to Prescribe Medication	✓ Med	dication Management			Groups	✓ Music Therapy
☑ Addiction Inpatient	☑ PHF					✓ Veterans
☑ Addiction IOP		chiatric Acute Inpatient				
☑ Detox	☑ Psy	chiatric Evaluations		Treatment/Dual Diagr	nosis	
☑ Group Therapy				☑ Geriatric		
011						
Other Behavioral Health Services	:					

	Sun Behavio	ral Health		
Address:	Phone:	Hours of O	peration:	Payment Type(s):
21655 Biden Ave	302-604-5600			Medicare, Medicaid,
Georgetown, DE 19947		Appointmer	nts and Walk-in 24/7	Private Insurance, Self-
	Language Services:			Pay
Website:	Language Line			
Sundelaware.com				Ages Served:
				12+
Meltal Health / Addiction Service	s Provided:		Specialty Treatmen	ts:
✓ Addiction Inpatient	✓ Mental Health IOP		☑ Co-occurring Trea	atment / Dual Diagnosis
✓ Addiction IOP	✓ Peer Support		☑ Music Therapy	Ğ
✓ Detox	☑ PHP		✓ Veterans	
	☑ Psychiatric Acute Inp	atient		
☑ Group Therapy	,			
Other Behavioral Health Services	 S:			

University of Maryland Shore Behavioral Health Substance Disorders Program					
Address:	Phone:	Hours of Operation:		Payment Type(s):	
219 South Washington St.,	410-822-1000 ext.5452	Call to schedule a	appointment	Medicaid, Medicare,	
Easton, MD 21601		Mon - Fri		Private Insurance,	
	_				
	Fax:			Ages Served:	
	410-819-8736			18+	
Mental Health / Addiction Services	Provided:		Specialty Treatments		
☑ Ability to Prescribe Medication	✓ Peer Support			Treatment/Dual Diagnosis	
☑ Addiction IOP	☑ Psychiatric Evaluation				
☑ Addiction Outpatient					
☑ Group Therapy					
✓ Individual Therapy					
Other Behavioral Health Services: A	Acute inpatient hospitalization				

		Warwick Manor I	Behavioral	Healt	h	
Address:		Phone:	Hours of		Payment Type(s):	
3680 Warwick Rd.		410-943-8108	Operation:		Medicaid, Private I	Insurance, Self-Pay
East New Market, MD 2163	31		24/7			
					Ages Served:	
Website/Email:		Fax:			18+	
		410-943-1063				
				1 _		
Mental Health / Addiction				•	ialty Treatments	
☑ Ability to Prescribe					nger Management	☑ Art Therapy
Medication	☑ Group There	1 7	ric		roups	
☑ Addiction IOP		Evaluations		☑ Co	o-occurring	
✓ Detox	Management	✓ Vivitrol T	reatment	Tre	eatment/Dual	
				Dia	agnosis	
Other Behavioral Health	Services:					

Affordable Health Care Assistance

Maryland Children's Health Program (MCHP)

Provides enrollment assistance into the Maryland Medicaid Program. Medicaid offers free or low-cost health insurance to children, families, pregnant women, and adults that meet certain eligibility requirements. To qualify for Medicaid, you must be a Maryland resident, be a U.S. Citizen or have a valid immigration status and meet financial requirements. Individuals can apply online at MarylandHealthConnection.gov. For more assistance and information

Somerset County Health Department:

Phone: 443-523-1740

Wicomico County Health Department:

Phone: 410-543-6944

Worcester County Health Department MCHP

Eligibility Staff:

Phone: 410-629-0164 or 410-632-1100

Administrative Care Coordination Program (ACC)/ Ombudsman

Provides outreach and education to the Medicaid Population. ACC staff help Medicaid recipients understand their benefits and how to access and appropriately use the health care services provided through their Managed Care Organization (MCO). The **ACC Ombudsman** acts as an advocate for Medicaid recipients with complex medical needs and offers compliant resolution services.

Somerset County Health Department:

Phone: 443-523-1700

Worcester County Health Department ACC/Ombudsman Eligibility Staff: Phone: 410-629-0164 or 410-632-1100

Lower Shore Health Insurance Assistance Program (LSHIAP)

Provides outreach, education, and enrollment assistance for the uninsured and underinsured residents of Somerset, Wicomico, and Worcester counties. Certified Navigators within the program provide aid to the consumers by not only providing in-person assistance with the enrollment process through Maryland Health Connection (MHC), but also by working with the consumer pre and post enrollment to ensure linkage to appropriate health related resources and continuity of care. Please visit our website or call us to speak with a Certified Navigator to address questions and/or schedule an in-person appointment.

Phone: 1(855)445-5540
Website: lowershorehealth.org
Facebook: @lowershorehealth

Twitter: @LSConnector

Address: 6040 Public Landing Rd.. Snow Hill, MD 21863

Low-Cost Medical Providers

Chesapeake Health Care

Somerset County:

Adult Medicine:

Mon-Thurs - 7:00 am - 6:00 pm; Friday - 8:30 am - 5:00 pm

OB/GYN:

Mon-Fri - 8:30 am - 5:00 pm

Pediatrics:

Mon-Th - 8:00 am - 6:00 pm;

Friday - 8:30 am - 5:00 pm; Call for Saturday hours

Mental Health:

Mon-Th - 7:30 am - 6:00 pm; Friday - 7:00 am - 5:00 pm

Lab:

Mon-Fri - 8:30 am - 4:00 pm;

Phone: 410-651-1000

Address: 12145 Elm St., Princess Anne, MD 21853

Dental: Mon-Fri - 8:30am – 5:00pm

Phone: 410-651-5151

Address: 12165 Elm St., Princess Anne, MD 21853

Pharmacy: Mon-Fri - 8:30 am - 6:00 pm

Saturday - 9:00 am - 4:00 pm

Phone: 410-651-5555

Address: 12137 Elm St., Princess Anne, MD 21853

Wicomico County:

Adult Medicine: Mon–Fri - 7:00am – 7:00pm

Phone: 410-546-6650

Address: 1665 Woodbrooke Dr., Salisbury, MD 21804

Dental: Mon-Fri – 8:30am – 5:00pm

Phone: 443-944-9600

Address: 1615 Tree Sap Court, Suite A, Salisbury, MD

21804

Mental Health Adults: Call for hours

Phone: 443-358-6193

Address: 560 Riverside Dr., Suite A-204, Salisbury, MD

21801

Mental Health Youth: Mon-Fri - 7:30am – 6:00pm

Phone: 410-219-1100

Address: 1104 Healthway Dr., Salisbury, MD 21801

OB/GYN: Mon-Fri - 8:30am - 5:00pm

Maternal Fetal Medicine:

Tues-Fri - 7:30 am - 5:00 pm

Phone: 410-546-2424

Address: 1647 Woodbrooke Dr., Salisbury, MD 21804

Pediatrics:

Mon and Tue - 8:00 am - 6:00 pm; Weds - Fri - 8:00 am - 5:00 pm,

Call for Saturday hours Phone: 410-548-1747

Address: 223 Phillip Morris Dr., Salisbury, MD 21804

Pharmacy: Mon-Fri - 8:30 am - 6:00 pm,

Saturday - 9:00 am - 4:00 pm

Phone: 410-677-0561

Address: 1615 Tree Sap Ct., Salisbury, MD 21804

Worcester County:

Adult Medicine:

Mon-Th - 7:00 am - 5:00 pm; Friday - 9:00 am - 5:00 pm

Mental Health:

Mon-Fri - 8:00 am - 4:30 pm

Pediatrics:

Monday and Friday - 8:00 am - 6:00 pm; Tuesday and Thursday - 9:00 am - 7:00 pm

Phone: 410-957-1852

Address:

305 10th St., Suite 104, Pocomoke City, MD 21851

Pediatrics: Monday and Friday - 8:00 am – 6:00 pm;

Tuesday and Thursday - 9:00 am - 7:00 pm **Adult Medicine:** Wednesday - 7:00 am - 5:00 pm **Mental Health:** Mon - Fri - 8:30 am - 5:00 pm

Phone: 410-973-2820

Address: 9956 N. Main St., Suite 2, Berlin, MD 21811

Behavioral Health Resources / Support Groups

4STEPS Therapeutic Riding Program

Teaming for Success veterans work with at-risk youths bringing hope, joy, and unlimited possibilities through the healing power of the horse! For facility hours and location call the number provided.

Phone: 410-835-8814

Address: 5367 Sixty Foot Rd., Parsonsburg, MD 21849

Website: www.4stepstrp.org

Al-Anon

Provides meetings for people who are affected by someone else's drinking. For meeting times and locations on the Eastern Shore please visit website below.

Phone: 888-425-2666

Website: http://www.easternshoremd-

alanon.org/#!meetings/cfvg

Celebrate Recovery (adult) and The Landing (youth)

A Christ-centered program designed to help people overcome any hurt, habit, or hang up. Held at Oak Ridge Baptist Church Friday nights from 7pm to 9pm.

Phone: 410-742-4424

Address: 361 Tilghman Road Salisbury, MD 21804

Celebrate Recovery (adult only)

A Christ-centered Bible based, twelve step program of recovery that was designed to help people reconnect with God and heal from past Hurt and/or addiction.

Meets at Sonrise Church. Fellowship at 6:00pm with the

meeting starting at 7:00 pm

Phone: 410-703-1793 (Pete Scanlon) Address: 10026 Main St., Berlin, MD 21811

Fenix Youth Project, Inc – Drop-In Center

Drop-In is a resource for youth ages 13-24 experiencing a housing crisis, homelessness, or who just need basic resources, people to love, and accept them as they are, and a place to belong.

Phone: 443-736-8028

Address: 239 Florida Ave., Salisbury, MD 21801

Lower Shore Friends

Provides peer support and advocacy, links/referrals to community services, consumer outreach and consumer workshops. Trauma support group every Monday from 6:30 pm to 7:30 pm

Methadone support group every Friday from 10:00 am to

11:00 am.

Phone: 410-334-2173

Address: 207 Maryland Ave #5, Salisbury, MD 21801.

Maryland Coalition of Families

Our Trained staff, who themselves have cared for a loved one with mental health, substance use or gambling issues will work one-on-one to help you understand the services available in your community and how to access them.

Phone: 410-730-8267 (Mon – Fri 9:00am – 5:00pm)

Email: info@mdcoalition.org Website: mdcoalition.org

Maryland Center of Excellence on Problem Gambling

(The Center) a program of the University of Maryland School of Medicine and funded by the Maryland Department of Health Behavioral Health Administration, promotes healthy and informed choices regarding gambling and problem gambling.

Email: dgaspar@som.umaryland.edu

Office Phone: 667-214-2120

Mental Health Association on the Lower Shore

Mental Health Association on the Lower Shore is an education and advocacy group and supports community events that promote both mental health well-being, and a quality array of services for those with behavioral health needs on the Lower Shore.

Phone: 410-632-4510

Behavioral Health Resources / Support Groups (Continued)

Recovery Resource Center

12 Step Support meetings are held 365 days/year for ages 15-adult. The following groups meet regularly at RRC: Alcoholics Anonymous, Narcotics Anonymous, Overeaters Anonymous, Gamblers Anonymous, Al-Anon, Nar-Anon, and Chemical Dependents Anonymous. See website for complete meeting list.

Phone: 410-749-9482

Address: 726 S. Salisbury Blvd., Salisbury, MD 21801

Website: www.rrcsby.org

SHORE Center

SHORE Center will provide all manner of Harm Reduction to individuals who are actively using drugs or seeking assistance with recovery. This is a safe, non-judgmental space for those in need in our community to access resources and peers in recovery for assistance. Harm Reduction services include but are not limited to Safer Injecting Education and Equipment, Safer Sex Equipment, Overdose Education and Narcan training and distribution, Safe Syringe Disposal, Wound Care referrals and education, linkage/referrals to treatment and services identified as needs, HIV/Hep C testing and linkage to treatment.

Somerset County Smoking Cessation

Smoking Cessation offers free individual counseling virtually or by phone. Free Nicotine Replacement Therapy. For more information call or visit the Somerset County Health Department website.

Phone: 443-523-1700

Website: www.somersethealth.org

Survivors of Suicide Group

For those who have lost a loved one to suicide. Meetings the third Wednesday of every month 6pm-7:30pm. Location varies. For more information, contact Kim Klump.

Phone: 410-726-3090 (Kim Klump)

The Lower Shore LGBTQ Coalition. Inc.

The Lower Shore Lesbian, Gay, Bisexual, Transgender, Queer/Questioning Coalition seeks to improve and preserve the well-being of youth and young adults through support, education, and advocacy. They provide an array of educational trainings, workshops, and other events on the Lower Shore.

Crisis Line: 1-800-273-8255 Phone: 443-239-4185

Website: www.socialmedialgbtq.wix.com/lgbtq

Wicomico County Health Department Smoking Cessation Program

Free Virtual/ over the phone Stop Smoking classes to individuals who work/live in Wicomico County, which includes education, support and nicotine replacement medication (lozenge, patch or Chantix). One on one education and support for pregnant women is also available.

Phone: 410-430-7384

Address: 801 N. Salisbury Blvd (Adkins Bldg), Salisbury,

MD 21801

Website: www.wicomicohealth.org

Worcester County Smoking Cessation

The Worcester County Health Department offers free smoking cessation classes. Worcester Health is committed to helping smokers establish new behavior patterns that lead to a tobacco free lifestyle. With the smoking cessation class, Chantix, gum, patch, lozenges and other aids to help individuals quit tobacco are available through a voucher program for individuals meeting specific requirements.

Professionally trained instructors can help participants break the smoking addiction. The smoking cessation course consists of sessions covering stress management, weight control, assertive communication, how to develop a quit plan, relapse prevention, and physical activity.

For more information or to register, call 410-632-1100 extension 1102.

website: www.worcesterhealth.org

Social Service Organizations

Department of Social Services (DSS)

Provides child welfare, adult protective services, and child support enforcement assistance.

Somerset

Phone: 410-677-4200

Address: 30397 Mount Vernon Rd, Princess Anne, MD

21853

Wicomico

Phone: 410-713-3900

Address: 201 Baptist Street, Salisbury, MD 21801

Worcester

Phone: 410-677-6800

Address: 299 Commerce Street, Snow Hill, MD 21863

Diakonia, Inc.

Provides homeless services; homeless advocacy, emergency housing/shelter, emergency food assistance, case management, homeless prevention programs (rental & utility assistance), rapid rehousing, and support services for veterans and their families, thrift store with clothing and household needs, and homeless outreach.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City MD 21842 Call to complete an assessment and/or call for food

Call to complete an assessment and/or call for

assistance. Website: www.diakoniaoc.org

Catholic Charities, Inc - Seton Center

Provides case management, referrals, food programs, health prevention advocacy, thrift shop, women's support group, referrals for immigration services, financial assistance for basic living expense.

Phone: 410-651-9608

Address: Call for assessment and location

Help & Outreach Point of Entry, Inc. (HOPE)

Provides guidance and financial assistance with health and dental related issues, assistance provided to obtain birth certificates and Maryland IDs, referrals to rehabilitation services, personal support and assistance with obtaining medications.

Phone: 410-677-0757

Address: 129 Broad St., Salisbury, MD 21801

Joseph House Ministries

Helps individuals and families who are in crisis situations. Financial assistance for basic necessities of life, such as helping with evictions, utility cut-offs and rent/security deposits, provides monthly bags of food to Wicomico County residents.

Phone: 410-749-4239

Address: 812 Boundary Street, Salisbury, MD 21801

Website: www.thejosephhouse.org

Local Management Board (LMB)

Local Management Boards are responsible for identifying priorities and targeting resources for the needs in their county. LMBs focus on community-based services to promote a safe, healthy, and stable environment for all families. They provide resources for families to link them with local agencies and organizations that serve children, youth and families.

Somerset County Local Management Board, Inc.

Phone: 410-651-2963

Address: 8928 Sign Post Road, Suite 1, Westover, MD

21871

Website: www.sclmb.org

Wicomico Partnership for Families and Children

Phone: 410-546-5400

Address: 125 N. Division St, Room 101, Salisbury, MD

21801

Website: www.wicomicocounty.org/140/Local-Management-Board-Wicomico-Partners

Worcester County's Initiative to Preserve Families

Phone: 410-632-3648

Address: 6040 Public Landing Road, PO Box 129, Snow

Hill, MD 21863

Email: Worcester.lmb@maryland.gov

Social Service Organizations (Continued)

MAC, INC

MAC is the Area Agency on Aging (for ages 50 and up) for Dorchester, Somerset, Wicomico, and Worcester Counties. They provide senior centers and home delivered meals as well as education about long term services and supports.

Phone/Fax: 410-742-0505

Address: 909 Progress Circle, Salisbury, MD. 21804

Website: www.macinc.org

Salisbury Urban Ministries

Men's Welcome Center (for homeless men to do laundry, shower, and receive health referrals, Saturdays 10:15am - 2pm), prescription assistance, God's Kitchen (Saturdays 11am-1pm at Grace UMC located at 635 E. Church St. Salisbury, MD 21804), Kid's Café (after school program for at risk children attending East Salisbury School or Beaver Run School; must enroll), food pantry (Tuesdays and Thursdays 10am-2pm for Wicomico County residents only).

Phone: 410-749-1563

Address: 326 Barclay St., PO Box 1792, Salisbury, MD

21802

Salvation Army

Food and clothing assistance. Wicomico County housing assistance while funds are available (call for schedule). Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

Shore Up! Inc.

<u>Somerset</u> – Energy assistance 410-651-1805

Address: 12409 Loretta Road, Princess Anne, MD 21853

<u>Wicomico</u> – Energy assistance, financial assistance for

medications, weatherization, and housing.

410-749-1142

Address: 520 Snow Hill Road, Salisbury, MD 21804

Worcester - Energy assistance

410-632-2075

Address: 6352 Worcester Highway, Newark, MD 21841

Worcester County GOLD (Giving Other Lives Dignity)

Improving the quality of life for Worcester County residents living in poverty by providing emergency financial aid and items to meet basic needs for infants and children, families in crisis, those who are homeless, and vulnerable adults. All requests come from our community partners consisting of caseworkers with local agencies such as the Department of Social Services or the Health Department. If you need assistance, call and ask for an intake.

Phone: 410-677-6906 (children in the home)

410-632-9915 (no children in the home)

Website: https://worcestergold.org

Local Shelters

Christian Shelter

Phone: 410-749-5673

Address: 334 Barclay Street, Salisbury MD 21804

Website: www.christianshelter.org

Cold Weather Shelter in Wicomico County

(Men) Hands and Hearts Ending Homelessness;

available November to April.

Phone: 443-397-2243

Address: 31525 John Deere Drive, Salisbury, MD

21804.

Diakonia, Inc.

Phone: 410-213-0923

Address: 12747 Old Bridge Road, Ocean City MD

21842

Website: www.diakoniaoc.org

HALO (Hope and Life Outreach)

Day Center and Shelter Phone: 410-543-9010

Address: 119 B South Boulevard, Salisbury MD 21804

Website: www.haloministry.org

Lower Shore Shelter

Phone: 443-888-6160

Address: 12518 Somerset Ave, Princess Anne, MD

21853

Ocean City Cold Weather Shelter

Opening is weather dependent-Dec. to Mar. only.

Pre-registration is highly suggested. Call 410-524-7474 for more information.

Address: 10301 Coastal Hwy, Ocean City, MD 21842

The Samaritan Shelter

Phone: 410-957-4310

Address: 814 Fourth Street, Pocomoke City MD

21851

Website: http://thesamaritanshelter.org/

Local Food Pantries and Soup Kitchens

Wicomico County:

Joseph House Ministries

Monthly bags of food to Wicomico County residents.

Phone: 410-749-4239

Address: 812 Boundary St., Salisbury, MD 21801

Lower Shore Friends

Available 5 days a week, Mon – Fri 10am–2pm

Phone: 410-334-2173

Address: 207 Maryland Ave. #5, Salisbury, MD 21801

MD Food Bank

Call or go online to find food pantry closest to you.

Phone: 410-742-0050

Website: https://mdfoodbank.org/need-food/

Salisbury Urban Ministries

God's Kitchen - Saturdays 11am-1pm at Grace UMC Address: 635 E. Church St. Salisbury, MD 21804

Kid's Café - after school program for at risk children attending East Salisbury School or Beaver Run School (must enroll)

Food Pantry - Tuesdays and Thursdays, 10am-2pm

(Wicomico County residents only)

Phone: 410-749-1563

Address: 326 Barclay St., Salisbury, MD 21802

Salvation Army

Most services are provided by appointment only.

Phone: 410-749-3077

Address: 407 Oak Street, Salisbury, MD 21804

St. Paul AME Zion Church

Food giveaway the 3rd Monday every month. Must bring

photo I.D.

Phone: 410-546-5661

Address: 410 Delaware Ave, Salisbury, MD 21801

Somerset County:

Catholic Charities, Inc – The Seton Center

Phone: 410-651-9608

Address: Call for assessment and location

Worcester County:

Berlin First Baptist Church (serves Berlin area)

Tuesdays from 10 am to 12 pm.

Phone: 410-641-4306

Address: 613 William St, Berlin, MD 21811

Community Church of Ocean Pines

Food pantry Tue - Sat from 9am - 1pm. Must have a referral to receive food.

Pantry Line: 410-641-8392

Serves Worcester residents or Veterans from any county.

Phone: 410-641-5433

Address: 11227 Racetrack Rd, Berlin, MD 21811

Diakonia, Inc.

Available 7 days a week 8am–4pm. Must bring I.D. and must be resident of Somerset, Wicomico, or Worcester County.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd., Ocean City, MD 21842

The Samaritan Shelter

Soup kitchen Weds and Fri 11am–12:30pm Food distribution Tues and Sat 1pm–2pm

Phone: 410-957-4310

Address: 814 Fourth St., Pocomoke City, MD 21851

SonRise Church

Sharing the Harvest

Mobile food pantry that serves Maryland's Eastern Shore.

In conjunction with MD Food Bank.

410-629-1901

Food Distribution every Friday from 4:00pm to 5:30 pm

SonRise Church 10026 Main St. Building #4 Berlin, MD 21811

Transportation

Medical Assistance Transportation

Wicomico Phone: 410-548-5142 Worcester Phone: 410-632-0092 Somerset Phone: 443-523-1722 Shore Transit

Phone: 443-260-2300

Transitional Housing

Village of Hope

A not-for-profit, non-denominational organization which provides a transitional home for women ages 18-62 with or without children.

Phone: 410-860-5981

Address: 1001 Lake Street, Salisbury, MD 21801

Website: www.villageofhope.us

Veteran Education Services

Salisbury University

Shannon Hardester, Veterans and Military Affiliated

Coordinator (Registrar's Office)

Phone: 410-543-6189

Veterans Upward Bound

Wor-Wic Community College Phone: 410-334-2882

Address: 32000 Campus Drive, Salisbury, MD 21804

Veteran Employment Services

Delmarva Veteran Builders

Phone: 443-736-1584 Chris Eccleston Address: 212 W. Main Street, Suite #305,

Salisbury, MD 21801

St. James AME Zion Church

Homeless Veteran's Reintegration Program

Phone: 410-742-1427

Address: 521 Mack Ave, Salisbury, MD 21801

Veteran Family Support Services

Diakonia, Inc.

Supportive services for veterans and their families.

Phone: 410-213-0923

Address: 12747 Old Bridge Rd, Ocean City, MD 21842

St. James AME Zion Church

Supportive Services for veterans and their families

Phone: 410-742-1427

Address: 521 Mack Ave, Salisbury, MD 21801

VA Maryland Health Care System

Community integration services, homeless outreach and

case management.

contract housing/emergency shelter Contact Name: Gregory Bisset

Phone: 443-326-4337

Veteran Support Services

Cambridge VA Outpatient Clinic

Audiology, Coumadin clinic, hearing aid fitting, medication management, mental health, primary care, occupational therapy, optometry, post-traumatic stress, pulmonary, social work, tele-mental health, tele-retinal imaging,

urology, vet center, women's health.

Phone: 410-228-6243

Address: 830 Chesapeake Drive, Cambridge MD 21613

Department of Veterans Affairs and Hotline Numbers

Website: www.va.gov Benefits: 1-800-824-1000

Health Care: 1-877-222-VETS (8387) VA Inspector General: 1-800-488-8244

Combat Call Center: 1-877-WAR-VETS (877-927-8387) Homeless Veteran Services 1-877-AID-VET (877-424-

3838)

Elkton Vet Center

Jon Dansicker, Veteran Outreach Specialist

Work Cell: 410-703-5783 Website: www.vetcenter.va.gov

Maryland's Commitment to Veterans

Dina Karpf, Eastern Regional Resource Coordinator,

Maryland Department of Health Phone: 410-382-0781 (cell)

Maryland Army National Guard Family Assistance Center

Phone: 410-507-2202 (Jon Black)

Address: 28722 Ocean Gateway, Salisbury, MD 21801

Moose VFW Post 194

Phone: 410-543-8194

Address: 821 E. William St., Salisbury, MD 21804

National Association of Black Veterans, Inc.

(NABVETS) Walk Through the Valley Chapter #0093,

Cmdr.

Phone: 443.366.8534 (James Briddell Sr) Address: 127 Flower St., Berlin, MD 21811

Operation We Care

Phone: 410-713-8940 (Jeff Merritt)

Address: 829 E. William St., Salisbury, MD 21804

Website: www.operationwecare.org

Perry Point VA Medical Center

Inpatient, outpatient, and primary care services.

Phone: 410-642-2411

Website: www.maryland.va.gov

Salisbury University

Shannon Hardester, Veterans and Military Affiliated

Coordinator (Registrar's Office)

Phone: 410-543-6189

Veteran Transportation Services

DAV Eastern Shore Chapter #34

Provides transportation for veterans to VA medical facilities.

Note: Not equipped with handicap accessibility. Mr. Cleveland Hicks, Transportation Coordinator

Phone: 410-883-0030/ 410-742-4181

Employment Organizations/ Education and Training Services

AmeriCorps Program at Salisbury University Phone: 410-548-5119

Deaf Independent Living Association (DILA)Phone: 410-742-5052 (Voice/TTY)

Division of Rehabilitation Services (DORS)Phone: 410-546-1580

Division of Workforce Development Phone: 410-341-8533

and Adult Learning (Salisbury Office)

Focus Point Behavioral Health Phone: 443-978-7838

Goodwill Career Development Phone: 410-219-9118

Lower Shore Clinic

Supportive Employment Program Phone: 410-341-3420

Lower Shore Enterprises, Inc. Phone: 410-749-6183

Lower Shore Workforce Alliance Phone: 410-341-6515 (One Stop Job Market)

MAC INC, AAA Phone: 410-742-0505

Maple Shade Youth & Family Services, Inc. Phone: 410-677-0202

Older Workers Training Program (Shore Up) Phone: 410-749-1142

One Stop Job Market Phone: 410-341-6515

Small Business Development Center Phone: 410-548-4419

Telamon Corporation Phone: 410-546-4604

Youth Employment Program (Shore Up! Inc.) Phone: 410-749-1142 ext. 360

Wor-Wic Community College Phone: 410-334-2800

Helpful Websites

American Association of Suicidology

suicidology.org

American Foundation for Suicide Prevention

www.afsp.org

Camp Rehoboth

www.camprehoboth.com

Living Works Network – Safe Talk & ASIST training

www.livingworks.net

The Maryland Center of Excellence on

Problem Gambling

www.mdproblemgambling.com

Maryland Coalition of Families

www.mdcoalition.org

NAMI (National Alliance on Mental Illness)

Nami.org

MentalHealth.Gov

www.mentalhealth.gov

Network of Care

www.worcester.md.networkofcare.org

Ok2Talk

www.ok2talk.org

On Our Own of Maryland, Inc.

www.onourownmd.org

Parents of Suicide

www.parentsofsuicide.com & www.pos-ffos.com

Society for the Prevention of Teen Suicide

www.sptsusa.org

Stop A Suicide Today

www.stopasuicide.org

Stop Bullying

www.stopbullying.gov

Substance Abuse and Mental Health Services

Administration (SAMHSA)

findtreatment.samhsa.gov

Suicide Prevention Action Network

www.spanusa.org

Suicide Prevention Resource Center

www.sprc.org

Yellow Ribbon International Suicide Prevention

Program

www.yellowribbon.org

988 Suicide & Crisis Lifeline

988lifeline.org

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Blue Wave Counseling & Psychotherapy	
Catholic Charities, Inc Seton Center	
Chesapeake Health Care – Mental Health	
Chesapeake Music Therapy	12

Children's Choice		
Community Behavioral Health	12, 3	34
Compass Health Services	1	13
Cove Recovery, LLC		
Delmarva Counseling Center LLC	1	14
Dover Behavioral Health System	3	35
Eastern Shore Hospital Center	3	36
Evolve Mental Wellness	1	14
Family Tree Therapy, LLC	1	14
Focus Point Behavioral Health	1	15
Garner, Doris C., PhD		
Hands of Hope Counseling Services. LLC	1	15
Harkhani, J. S., MD	1	16
Harmony Counseling Services, LLC	1	16
Hudson Health Services		
Island Care Mental Health		
Lead4Life, Inc		
Life Crisis Center, Inc		
Life's Energy Wellness Center Inc		
LifeMark Inc.		
Lighthouse Counseling & Consulting Services		
Lighthouse Counseling Christian Ministry		
Lower Shore Clinic – Outpatient Integrated Care Clinic		
Lower Shore Clinic – Psychiatric Rehabilitation Prorgram		
Lower Shore Clinic Assertive Community Treatment (ACT) Team		
Maple Shade Youth & Family Services, LLC		
MATClinics		
Mosaic Counseling & Wellness, LLC		
Open Arms & Hearts Health Services, LLC		
Palmetto Corner		
Peninsula Mental Health Services and Peninsula Addictions Services		
Perdue Art Therapy & Counseling		
Recovery 180 (Men Only)ReEnvision Counseling & Reiki Healing, LLC	2	د∠ ۲۵
Reeves, Talmadge C, MD		
Restorative Behavioral Health, Inc.		24
Rockford Center		
Safe Harbour Addiction Counseling		
Seaside Counseling & Wellness Center		
Somerset County Health Department		
Somerset Wellness and Recovery Center		
Stange, Carol, LCSW		
Sun Behavioral Health		
The Personal Wellness Center		
TidalHealth		
Universality Health Care LLC		
Warwick Manor Behavioral Health		
White Flint Recovery, Eastern Shore, Inc		
Wicomico County Health Department - Behavioral Health		
Wicomico County Health Department - PRP		
Wicomico County Health Department – Targeted Case Management		
Worcester Addiction Cooperative Services (W.A.C.S.)		
Worcester County Health Department		
Worcester Youth & Family Counseling Services, Inc		
Wraparound Maryland	3	32

Notes	









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