

A new era of health care

Maryland's hospitals are innovating, working in new ways to get Marylanders the right care, at the right time, in the right setting. They are extending their reach beyond the four walls of the traditional hospital and into the communities they serve to provide practical, proactive and personalized care that keeps people healthy so they don't need a hospital bed. And if illness or injury does land them in the hospital, we're working hard to improve the in-hospital experience and ease the post-discharge care path. Here are some examples of the many ways hospitals in your region of the state are transforming health care.

Southern Maryland:

- A hospital-led health ministry network, with over 25 participating churches, helps promote prevention and wellness by providing resources and training to church volunteers who bring health information and important screenings to those in need.
- A fleet of vehicles that run "health routes" helps with the transportation needs of those who need care in rural St. Mary's County.
- Care coordination and community health worker interventions assist residents with removing barriers to access care.
- Primary care and behavioral health services, staffed by personnel trained in culturally competent care, are provided in underserved communities.
- A post-discharge/complex care clinic helps transition high-risk patients following hospital stays by connecting them with primary and specialty care services. This fills a gap caused by a significant shortage of primary care providers in Charles County.



SOUTHERN MARYLAND DEMOGRAPHIC DATA

- Population: 355,742
- % below poverty: 7
- Median household income: \$91,408
- % non-Hispanic white: 64
- % Medicaid Patients: 18
- % High Utilizers: 19
- Top three causes for readmissions (%):
 - Heart failure: 6
 - Sepsis: 5
 - COPD: 4